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Pharmacists Optimizing Cancer Care

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Oncology Pharmacy and COVID-19: Perspectives from an Early Epicenter

page 3

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Pharmacists Optimizing Cancer Care®

CONTENTS

- 3 Feature**
Oncology Pharmacy and COVID-19: Perspectives from an Early Epicenter
- 5 Reflection on Personal Impact and Growth**
From Skeptic to Believer: How an oncology pharmacist, mom, and recovering workaholic learned to embrace integrative medicine
- 7 Practice Management**
Chair Time Optimization
- 11 Quality Initiatives**
Pharmacy Telehealth Services – Efficient and Safe Quality Care Before and During the COVID-19 Pandemic
- 13 Clinical Pearls**
Chemotherapy and Immune Checkpoint Inhibitor Combination Regimens: How do we manage corticosteroid use to prevent adverse effects from chemotherapy?
- 20 The Resident's Cubicle**
Exploring Teaching Opportunities During Residency Training
- 22 Feature**
A 2020 View on Updates in the Treatment of Lung Cancer
- 32 Focus on Patient Care**
A Novel Book Club Regimen

Discovering Inspiration and Independence as a Clinical Pharmacist through Patient Interactions

A Humane Hello
- 35 Highlights of Members' Research**
Conventional Versus Liposomal Irinotecan for Advanced Pancreatic Cancer
- 37 Late-Breaking News**
Venetoclax use in AML: VIALE-A & VIALE-C Trial Updates
- 39 Board Update**
Anticipating the Green Lights Ahead

Oncology Pharmacy and COVID-19: Perspectives from an Early Epicenter

When SARS-CoV-2 began to snake its way through the boroughs and suburbs of New York City in early 2020, I had been practicing as a board-certified oncology pharmacist and postgraduate year two (PGY2) oncology pharmacy residency program director for several years. I was working mainly in the adult leukemia specialty and was unaware of the impact that the coronavirus was about to have on the city. Like many others, I shrugged off rumors of increasing intensive care unit (ICU) capacity and a new phenomenon called social distancing. Soon enough, I was fully ensnared in a world foreign to my typical daily practice, helping to care for ICU patients suffering from coronavirus disease 2019 (COVID-19).



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Big City Becomes Nimble

At the height of the pandemic in April of 2020, New York City was reporting an average of more than 5,000 new SARS-CoV-2 cases per day, with an average of more than 500 deaths per day.¹ Many institutions were quickly overwhelmed by this volume of patient cases and the increased demand for emergency room visits and hospital admissions. Many parts of the hospital conventionally used for other purposes (such as conference rooms, lobbies, and waiting areas) were converted to acute care areas.

In a survey of 72 hospitals, it was shown that more than 90% of responding institutions made adaptations to accommodate patients with COVID-19, including the creation of respiratory isolation units.² Likewise, personnel were redeployed and repurposed to help care for a massive influx of acutely ill patients. With my inpatient leukemia service dwindling, my colleagues and I found ourselves volunteering to provide clinical pharmacy services for the rapidly expanding intensive care unit (ICU) patients. This redeployment of personnel extended greatly beyond pharmacy, with providers of all disciplines being used to fill sometimes novel roles to optimize the care model.³

Residents Learn on the Frontline

While my normal days previously consisted of reviewing chemotherapy regimens and providing clinical care to oncology patients, I was now reviewing sedative and vasopressor drips and refreshing my knowledge by reviewing critical care guidelines and standard operating procedures.

As a residency program director, I developed ways for the residents to be involved in the care of these complex patients, which proved to be both a challenge and an opportunity. Out of necessity, the resident's learning experiences were augmented in

order to juggle the needs of both the institution and their residency requirements. We developed schedules and workflows that allowed residents to assist in clinical care and sterile compounding, while also making sure that no required learning experience was neglected or forgone.⁴

Patient Volume Outpaces Drug Inventories

To further complicate care for COVID-19 patients, there was an onslaught of drug shortages. Some that impacted us the most were intravenous sedatives and analgesics.⁵ Due to the increased number of intubated patients, many pre-mixed sedatives and analgesics became difficult to acquire, forcing hospitals to either admix these agents or switch patients to therapeutic alternatives when possible. The admixture of these agents necessitated a vast shift in staffing resources, as the volume substantially exceeded our normal operations.

In an effort to better manage our drug inventory, processes were also established to allocate agents on shortage to specific patient populations or specified patient care units. Twice weekly meetings were held to ensure all stakeholders were knowledgeable of current inventory levels, to disseminate drug bulletins, and discuss optimal patient care strategies.

An Influx of New Literature

The increasing volume of new literature also posed a challenge. During the height of the COVID-19 pandemic, new literature was being published at a frenzied pace. It has been estimated that over 23,000 unique documents relating to COVID-19 have been published in

2020 alone. While these documents include letters, editorials, and review articles, nearly 50% are original research.⁶ My colleagues and I were responsible for reviewing and interpreting the ever-changing body of literature and resulting clinical management of this patient population. This literature was not limited just to therapeutics targeting COVID-19, but also to supportive care such as anti-inflammatories and venous thromboembolism prophylaxis and treatment.

With such poor outcomes in such a high volume of patients, many providers were desperate to find any therapy that may be beneficial for suffering patients. This desperation proved to be a

During the height of the COVID-19 pandemic, new literature was being published at a frenzied pace. Over 23,000 documents relating to COVID-19 have been published in 2020.

double-edged sword, as clinical decisions were often being weighed before fully knowing the potential toxicities or implications of using these therapies.

Hydroxychloroquine proved to be the perfect case study in this situation; widespread use of it quickly dissipated as its benefit among hospitalized patients dwindled.⁷ As the flurry of literature continued to prompt questions regarding new therapies and clinical practices, my colleagues and I met twice weekly to discuss the merits and disadvantages, as well as to share anecdotes and experiences. This was in addition to the daily communication occurring amongst smaller groups with more direct knowledge and experience using certain therapeutics. As an oncology clinical pharmacist, I leaned heavily on the experience and expertise of my critical care and infectious disease clinical pharmacist colleagues to better care for these patients. I also contributed my oncology

pharmacy knowledge to the debate by routinely discussing the pharmacotherapy of agents such as tocilizumab with my infectious disease colleagues, who had less experience using these agents.

Ultimately, a New Normal

As the rates of new infections and deaths began to fall throughout New York City, our normal clinical duties resumed. While the pandemic spread and ravaged other parts of the United States, a new normal was established, a normal in which vigilance and caution reins the day. Eventually, patient volumes returned to pre-pandemic levels and we all returned to caring for patients within our own specialties but we won't forget the lessons learned and experiences gained during a fateful, and now infamous, 2020.



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From Skeptic to Believer: How an oncology pharmacist, mom, and recovering workaholic learned to embrace integrative medicine



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During an overwhelming season, my entire family came down with influenza. When I got sick, I hadn't even recovered from an earlier upper respiratory infection. I suffered classic symptoms of influenza; except, non-classically, I continued to cough after my fever, aches, and chills subsided.

I coughed and coughed. I was not able to breathe. As an avid runner, as you can imagine, this was problematic for me. If I could not run, I could not keep my body and mind healthy. I slowly unraveled and this leaked out into the physical realm. Insomnia. Digestive issues. Injuries. Worst of all, respiratory issues. I couldn't breathe, and truly, when you can't breathe, nothing else really matters. I felt desperate.

I was referred to a pulmonologist after multiple months without getting better and I was diagnosed with reactive airway disease from influenza, and eventually, asthma. I started medications to control my symptoms; at one point, I was on five when previously I was on none. Initially, the medication helped me breathe, but over time, I felt worse with each dose. I discussed this with my doctor.

A Resilient Mindset

I was not improving like I thought I should, I explained. I am not sure I am on the right medication, I reasoned. I did not understand biologically what was happening with my body. My doctor replied, "I think you are a woman who has been relatively healthy your whole life. Now you are not as healthy as you once were and you cannot handle it." Gut punch. These were painful words, especially as a healthcare provider myself. It seemed the system that I worked within was not supporting me.

Feeling as though I was out of options, I decided to try integrative healthcare approaches. I was reading the book "The Body Keeps the Score" by Bessel van der Kolk. A clinical psychologist, Van der Kolk believes that trauma is residue from the

past as it settles into your body. "When people are traumatized, they become afraid of their physical sensations, their breathing becomes shallow, and they become uptight and frightened about what they're feeling on the inside. Yoga opens you up to feeling every aspect of your body's sensations. It's a gentle, safe way for people to befriend their bodies, where the trauma of the past is stored."¹ He believes trauma is a somatic issue; it's in your body. This is what brought me to yoga.

Former Dancer Drawn to Yoga

A dancer in my youth, I was immediately drawn to yoga postures. As a runner, I also needed a complementary athletic plan to prevent injury by building strength and regaining lost flexibility. I did not heal effortlessly or overnight. My journey to health took a tremendous amount of time and effort. But I owned my story and it taught me that my health is multidimensional. I know my body best and it is no one else's job to take care of me, but me. I do have control over my body, mind, and spirit, and I need to slow down so I can listen to what all of me has to say. Integrative healthcare practices, like yoga, are not unfounded and can

support overall well-being. Personally, practicing yoga gives me the ability to be still and connect with God; with Jesus, my ultimate source of rest.

As a professional, full-time working mom of two young children, my life is busy just like yours. Unfortunately, I have all the tendencies that can lead to a frenzied busy state: Overwhelm, compassion fatigue, burnout, and ultimately, illness. Maybe you can relate? Yoga helps me let that go and grow in quiet strength. I started Chill Pill Yoga (CPY) to share the practice of yoga with busy professionals, like pharmacists. These days we hear so many suggestions to breathe, engage in yoga, be mindful or meditate, but how does one do that? I hope to share content that provides a playbook. CPY is new and I hope this community grows over time.

On the yoga mat, I find a place of peace, of wholeness. My story led to a concession that rest is an essential component of sustainable self-care; it is needed to create white space for the soul. On the yoga mat, I can leave all my type A tendencies behind and be still. Connecting with my practice off the mat, I made several changes to my professional lifestyle. I engaged in an iterative

Yoga opens you up to feeling every aspect of your body's sensations. It's a gentle, safe way for people to befriend their bodies.

≡ Reflection on Personal Impact and Growth ≡

process of evaluating how I spent my time and whether this reflected my values. I made changes where there were discrepancies. I created honest boundaries that honor my limits, and I made a conscious decision to focus on the process, not results. When it comes to compassion fatigue, I strive to live the adage “the best defense is a good offense.”²

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Chair Time Optimization



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Introduction

Like many institutions nationwide, Baptist Cancer Center (BCC) has grown since its inception to include several infusion centers and remote clinics. One of the challenges of multiple sites spread throughout greater Memphis, is standardizing practices so that patients can have consistent, excellent care regardless of the treatment location.

One variation we discovered that could potentially translate into improved patient satisfaction, and eventually increased revenue, involved our premedication process. At many of our treatment centers, the medications meant to prevent reactions and adverse effects from chemotherapy were taking nearly as long to prepare, administer, and dwell as the chemotherapy administration itself. By streamlining as much of this process as possible, the improved efficiency would result in a lighter workload for the pharmacy department and nursing staff, and shorter infusion time for patients.

Three-Part Pilot Program

Over the course of several months, BCC's busiest infusion center piloted process improvements using, in part, the National Comprehensive Cancer Network (NCCN) workgroup efficiency study as a model. The patients we targeted to measure these changes were those patients receiving carboplatin chemotherapy and 5 premedication agents.

The first modification we implemented to our premedication process began at the pharmacy level and involved moving from mixing IV piggyback mini-bags to providing nursing staff with IV push medications when possible. Shortly thereafter, medications that were available in oral formulations became preferred when appropriate for therapy. Once oral and IV push formulations were adopted, the second major improvement was installing and integrating an automated dispensing machine for nursing staff to

have immediate access to premedications upon order release and pharmacist verification.

The next and most recent improvement was to educate infusion nursing staff on how to maximize efficiency. Training included administering agents not requiring antiemetic treatment or hypersensitivity prophylaxis during premedication dwell time.

Our pharmacists compiled a list of antineoplastic medications that would be appropriate to administer without premedication, and that were frequently used alongside our carboplatin-containing regimens. This list included medications such as bevacizumab, pembrolizumab, and trastuzumab, among others. When patients meeting inclusion criteria also received one of these agents, infusion nurses were encouraged to hang these agents during the 30-minute window that had previously been utilized only to allow antiemetics and antihistamines to be absorbed and effective.

So Far, Improved Efficiency and Less Chair Time

These changes have resulted in improved efficiency for staff and less time in infusion chairs for patients. In fact, recent data from our infusion center shows that our patients meeting inclusion criteria are spending an average of 42 minutes less per treatment in our infusion center chairs than they were at baseline, not quite a year and a half ago.

Over time, we expect this multi-pronged approach to continually improve and extend far beyond this subset of patients. By manipulating variable factors where best practices do not yet exist, we can give patients back a bit of their day while still ensuring adequate antiemetic treatment and hypersensitivity prophylaxis. Optimizing patient flow through the infusion center over time will allow for more patients to be treated with minimal additional resources, improving revenue in the long term.

Patient Satisfaction

Patient satisfaction has become a major focus nationwide following mandates of the Affordable Care Act and its Centers for Medicaid and Medicare (CMS) reimbursement implications.² Research has shown that patient satisfaction can be tied to patient perception of quality of healthcare and ultimately in clinical outcomes.³ Patient satisfaction has always been a priority at BCC, but improvements can and should always be made.

Not surprisingly, we have found from previous patient satisfaction surveys, that patients value their time. We have extended hours at one of our infusion centers to allow patients flexibility, and started using clinically appropriate faster infusion rates in certain chemotherapy regimens to minimize the time our patients spend in the clinic. There is evidence that implementing a series of changes over time improves outcomes more effectively than maintaining a single alteration.^{4,5} In keeping with that philosophy, the BCC infusion department implemented our step-wise quality improvement initiative to optimize chair time, which we hope will demonstrate our continued commitment to our patients while improving our own workflow.

For Patients, Quality Care Linked to Wait Times

Delivering efficient care is important for a number of reasons. Patient satisfaction correlates with reduced waiting time.^{2,3,6} Patients' own perceptions of quality of healthcare, in fact, correlates with waiting time.³ Satisfaction is crucial to our continued development as a cancer center, and it ultimately can influence reimbursement rates and patient clinical outcomes. Adopting more efficient procedures will reduce chair time, potentially increasing patient turnover and revenue long term.

According to an NCCN study, data at one institution indicated that an infusion center chair is associated with \$730 direct margin per hour.¹ A study from MD Anderson Cancer Center in 2010, showed that implementing efficiency strategies “translated into more than \$1 million in annualized potential financial opportunity for the cancer center.”^{1,4}

Agents used for HEC (Highly Emetogenic Chemotherapy)/MEC (Moderately Emetogenic Chemotherapy)

Although hypersensitivity reaction prevention and antiemetic regimens are well studied, best practices do not yet exist for efficient premedication administration. The NCCN has recently begun surveying cancer care institutions nationwide in order to develop efficient and effective premedication processes, but currently the routes of administration, preparations of these medications, and dwell time of these medications once administered vary widely.¹

Each of the 18 centers who responded to the NCCN survey reported a different premedication regimen for the same highly emetic chemotherapy treatment.¹ Two centers that reported no wait time administered 3 oral medications concurrently—aprepitant, dexamethasone, and either ondansetron or granisetron.¹ The center with the longest wait time of 60 minutes reported giving fosaprepitant IV individually followed by dexamethasone IV and palonosetron IV given concurrently.¹

The NCCN Antiemesis Guidelines consistently allow for intravenous or oral formulations within 6 different combination options of antiemetic medications for parenteral chemotherapy, regardless of the emetic risk.⁷ Antiemesis regimens may consist of olanzapine, a neurokinin-1 receptor antagonist (NK-1 RA), a serotonin receptor antagonist (5-HT3 RA), or dexamethasone. Both oral and intravenous NK-1 RAs and 5-HT3 RAs may be utilized per NCCN (Table 1).⁷ Many studies have been done to demonstrate similar efficacy between oral and intravenous antiemetic medications and neither NCCN nor Multinational Association of Supportive Care in Cancer (MASCC)/European Society of Medical Oncology (ESMO) guidelines address a preference.^{7,8,9,10,11} Therefore, BCC administers antiemetic regimens that are both efficacious and also lessen chair time.

One aim of Baptist Cancer Center's Chair Time Optimization Project tested the adoption of oral and IV push premedication strategies. More specifically, when appropriate and available as an oral formulation, we use oral premedication. Examples include dexamethasone PO and ondansetron (Zofran®) PO. If medications are available in an IV-only formulation or a chemotherapy regimen

specifies IV administration of premedication, we prefer a push over a piggyback barring anticipated adverse effects. By implementing these protocols, we have lessened chair time for select patients.

Antiemetic Agent Approval and Dosage Form Advancements

The manufacturers of antiemetic agents used within MEC and HEC have made advancements that assist in chair time optimization. A variety of changes to prescribing information based on clinical studies has allowed for more rapid administration of antiemetic agents compared to their original approval. In November 2017, aprepitant (Cinvanti) was originally approved as an intravenous infusion over a period of 30 minutes. In February 2019, the prescribing information was updated to include the approval of intravenous injections over a period of 2 minutes.¹² The prescribing information for the majority of agents does include that the injection or infusion should be completed approximately 30 minutes prior to chemotherapy; however, studies have shown that the use of these agents within as quickly as 5 minutes before administration of chemotherapy demonstrated comparable antiemetic safety and efficacy.¹³ In addition, the available dosage forms of antiemetic agents have changed as well. The majority of agents are now available as an oral tablet, reconstituted solution, or even a prefilled syringe. The availability of these new dosage forms allows for stocking of the medications in automated dispensing cabinets for easier nursing access and expedited delivery to the patient.

New 797 Standards and Challenges in the Clean Room

Chemotherapy premedication route strategies must take into consideration new USP (US Pharmacopeia) 797/800 compounding standards. Many oncology outpatient IV room setups may be limited in meeting the environmental requirements to allow for the longest available beyond use dating. This limited beyond use dating (12 hours) can restrict the use of batch preparations and may cause additional demand for IV premedication mixing during peak rush hours. Forgoing the requirements of mixing IV premedications within an IV piggyback can allow pharmacy staff to focus their efforts on chemotherapy preparations and improve compounding time.

It is important to note a few additional steps that will impact oncology pharmacy practices; including new Drug Supply Chain Security Act (DSCSA) requirements of recording of lot numbers on compounded preparations and USP 800 implications that require all products, including premeds made in the biologic safety cabinet, or BSC, where hazardous products are compounded to require “PPE precaution handling required.”¹⁴

Costs and Impact on Reimbursement

When discussing changes in the route of administration one must consider the potential financial gain and loss. Compounding IV medications requires an infusion bag, IV tubing, syringes and needles. These supplies, as well as the labor of pharmacists and technicians, have a direct cost. By administering these agents by an IV push or via an oral route, infusion centers can avoid or reduce those direct costs. However, due to outpatient billing, potential exists

PRACTICE MANAGEMENT (continued)

Table 1: NCCN Antiemesis Recommendations⁷

High Emetic Risk		Moderate Emetic Risk	
Day 1	Days 2-4	Day 1	Days 2-3
Option A (Category 1)		Option D (Category 1)	
Combination of: Olanzapine 5-10mg PO One NK-1 RA: <ul style="list-style-type: none"> • Aprepitant 125mg PO • Aprepitant injectable emulsion 130mg IV • Fosaprepitant 150mg IV • Netupitant 300mg / palonosetron 0.5mg PO • Fosnetupitant 235mg / palonosetron 0.25mg IV • Rolapitant 180mg PO One 5-HT ₃ RA: <ul style="list-style-type: none"> • Dolasetron 100mg PO • Granisetron 10mg SQ, 2mg PO, 0.01mg/kg IV, or 3.1mg/24-hr patch • Ondansetron 16-24mg PO or 8-16mg IV • Palonosetron 0.25mg IV Dexamethasone 12mg PO/IV	Choose one: Olanzapine 5-10mg/day PO If aprepitant PO used on day 1, aprepitant 80mg/day PO Dexamethasone 8mg/day PO/IV	Combination of: One 5-HT ₃ RA: <ul style="list-style-type: none"> • Dolasetron 100mg PO • Granisetron 10mg SQ, 2mg PO, 0.01mg/kg IV, or 3.1mg/24-hr patch • Ondansetron 16-24mg PO or 8-16mg IV • Palonosetron 0.25mg IV Dexamethasone 12mg PO/IV	Choose one: Dexamethasone 8mg/day PO/IV One 5-HT ₃ RA: <ul style="list-style-type: none"> • Dolasetron 100mg/day PO • Granisetron 1-2mg (total dose) PO 0.01mg/kg/day IV • Ondansetron 8mg PO BID 16mg PO once daily 8-16mg/day IV
Option B (Category 2A)		Option E (Category 1)	
Combination of: Olanzapine 5-10mg PO Palonosetron 0.25mg IV Dexamethasone 12mg PO/IV	Olanzapine 5-10mg/day PO	Combination of: Olanzapine 5-10mg PO Palonosetron 0.25mg IV Dexamethasone 12mg PO/IV	Olanzapine 5-10mg/day PO
Option C (Category 2A)		Option F (Category 1)	
Combination of: One NK-1 RA: <ul style="list-style-type: none"> • Aprepitant 125mg PO • Aprepitant injectable emulsion 130mg IV • Fosaprepitant 150mg IV • Netupitant 300mg / palonosetron 0.5mg PO • Fosnetupitant 235mg / palonosetron 0.25mg IV • Rolapitant 180mg PO One 5-HT ₃ RA: <ul style="list-style-type: none"> • Dolasetron 100mg PO • Granisetron 10mg SQ, 2mg PO, 0.01mg/kg IV, or 3.1mg/24-hr patch • Ondansetron 16-24mg PO or 8-16mg IV • Palonosetron 0.25mg IV Dexamethasone 12mg PO/IV	Choose one: If aprepitant PO used on day 1, aprepitant 80mg/day PO Dexamethasone 8mg/day PO/IV	Combination of: One NK-1 RA: <ul style="list-style-type: none"> • Aprepitant 125mg PO • Aprepitant injectable emulsion 130mg IV • Fosaprepitant 150mg IV • Netupitant 300mg / palonosetron 0.5mg PO • Fosnetupitant 235mg / palonosetron 0.25mg IV • Rolapitant 180mg PO One 5-HT ₃ RA: <ul style="list-style-type: none"> • Dolasetron 100mg PO • Granisetron 10mg SQ, 2mg PO, 0.01mg/kg IV, or 3.1mg/24-hr patch • Ondansetron 16-24mg PO or 8-16mg IV • Palonosetron 0.25mg IV Dexamethasone 12mg PO/IV	Choose one: If aprepitant PO used on day 1, aprepitant 80mg/day PO Dexamethasone 8mg/day PO/IV

for lower reimbursement in nursing administration fees. Nursing medication administration activities are generally reimbursable in the outpatient setting for IV infusions (96367) and for IV push (96375).¹⁶ 2020 Medicare payment rates for those nursing administration codes are estimated at \$31.40 and \$16.60 respectively.¹⁶

It is also worth noting that Medicare part B does not individually pay for medications that fall under the packaging threshold (\$130 as of 2020).¹⁷ Ideally, if the medication falls under the packaging threshold, the nursing IV push or infusion administration fees should cover the potential expense of the medication plus direct costs. Therefore, it might be most financially advantageous to utilize an inexpensive generic oral premedication.

Summary

At Baptist Cancer Center, variability in our premedication administration practices resulted in inefficiency for our staff and inconsistency for our patients. Since best practices do not yet exist, we found flexibility to establish our own. Dosage form advancements by manufacturers have provided faster yet equally efficacious administration. Utilizing oral formulations where available may minimize cost. By encouraging oral and intravenous push administration where appropriate for antiemetic treatment and hypersensitivity prophylaxis, infusion centers that might otherwise have been challenged by USP 797/800 constraints will have the ability to adequately premedicate patients for chemotherapy. We expect over time that patient satisfaction will continually improve, which is critical to reimbursement, and ultimately, patient outcomes. By implementing changes favoring efficiency and optimizing patient chair time, infusion centers and patients both can benefit. ●●

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Pharmacy Telehealth Services – Efficient and Safe Quality Care Before and During the COVID-19 Pandemic



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Introduction

Telehealth is the use of electronic information and telecommunication technologies to provide long-distance health care and education to patients.¹ The use of technology within the healthcare system has become a fundamental part of providing safe and effective patient care.² Telehealth services increase access to healthcare, enhance coordination of care, decrease the burden of travel, reduce the overall cost of care, and bring specialized individuals into areas that initially lack access to them.³

The use of telehealth services has become even more critical with the COVID-19 pandemic and the need to provide quality care that keeps both providers and patients safe.

Within a short period of time, many pharmacy services have transitioned to telemedicine in order to meet patient care needs while maintaining a safe environment. While outcomes of many remote pharmacy services are not published, several publications demonstrate the effective implementation of telehealth services to provide exceptional patient care.

Pharmacy Services within Primary Care

Approximately 33% of military veterans live in rural areas that lack access to specialty care providers. Employing telehealth technology to provide pharmacy services can increase access and improve outcomes for this patient population. The Northwest Regional Virtual Integrated Multisite Patient Aligned Care Team (V-IMPACT) Hub stationed in Boise, Idaho, is a multicenter program that reaches remote locations across the United States.³

A study of the remote clinical pharmacy services in this program included 544 unique patients and 3,400 visits where encounters were conducted via clinical video telehealth (CVT) or telephone from October 2014 to March 2017. In the diabetes group, 242 patients were seen by a pharmacist, and the mean absolute reduction from baseline in HbA_{1c} values was 1.61%. Fifty-five percent (132/242) of patients were discharged at goal. At discharge, 59 patients (42%) had achieved tobacco cessation, and 55 (39%) had achieved a reduction in tobacco use but not complete cessation. These results suggest that pharmacists providing primary care comprehensive medication management services via telehealth

improved disease management and was an effective tool for providing patient care.

Pharmacy Services within Anticoagulation Clinics

Clinical pharmacists at a VA medical center implemented telehealth services to provide anticoagulation therapy management services to patients off-site.⁴ The clinical pharmacy specialist provided direct patient care, guided the telehealth technician in performing physical assessments when necessary, conducted interviews, evaluated the patient's warfarin therapy, and formulated a therapeutic plan.

The impact of the use of video technology on patients' INR values and patient satisfaction was evaluated; the mean percentage of time patients' INR values were within the therapeutic range and remained stable (about 81%, compared with about 77% under the previous in-person model). Implementation of remote anticoagulation monitoring services enabled pharmacist resources to be reallocated to other duties and expanded access to healthcare in rural areas while maintaining positive patient outcomes and satisfaction.

Remote Pharmacy Services during the COVID-19 Pandemic

Healthcare systems were pressed to develop innovative ways to provide high-quality patient care that were both safe and effective within a short period of time as the COVID-19 pandemic unfolded. The University of Washington (UW) Medicine was one example of a medical center that altered their delivery of clinical services.

In early March, the Centers for Medicare and Medicaid modified its regulations to expand pharmacists' ability to provide telehealth services. UW credentialed and trained pharmacists to provide comprehensive medication management via telehealth to patients in primary care and specialty clinics.

From March 31 through April 28, 2020, clinical pharmacist telehealth services including anticoagulation, pain management, primary care, oncology, and other specialty areas were offered to 139 patients of which 83% ($n = 116$) completed these visits.⁵ These visits offered significant advantages during the pandemic, including flexibility in scheduling appointments, decreased burden of traveling, personalized communication, increased caregiver participation, the ability to visually review the patient's medications or injection technique remotely, and avoidance of office space limitations for in-clinic visits. While outcomes and metrics are needed to evaluate the impact of this transition

Patients with cancer have an increased risk of contracting COVID-19. One method to decrease risk is to use telemedicine to minimize face-to-face visits, which can help mitigate exposure and further transmission.

on patient care, telehealth services created an avenue for meeting patient needs.

Oncology Practice during the COVID-19 Pandemic

According to Al-Shamsi et al., patients with cancer have an estimated two-fold increased risk of contracting COVID-19 than the general population.⁶ One method to decrease risk is to use telemedicine to minimize face-to-face visits which can help mitigate exposure and further transmission. Examples of successful telemedicine in oncology include remote chemotherapy supervision and education, symptom management, survivorship care, palliative care, and clinical trials.

The University of Rochester Specialized Oncology Care and Research in the Elderly (UR SOCARE) clinic, an interdisciplinary care team that receives referrals from oncologists, was able to switch to telehealth services during the pandemic.⁷ As part of the care team, a pharmacist meets with a patient via telephone for medication review and to identify potential interventions. This system provided elderly patients with a safe alternative for oncology care without putting them at risk for exposure to COVID-19.

A team at Memorial Sloan Kettering Cancer Center (MSK) created a program to detect patients who tested positive for the virus and a protocol for providing at-home care.⁸ Each day patients completed a 10-question electronic or telephone survey to report any COVID-19 symptoms. Based on severity of symptoms, an

automated alert was sent to the care team, which would determine follow-up.

Between March 26 and June 17, 2020, the team enrolled 763 patients who filled out 10,044 questionnaires. Of the 239 patients who completed the satisfaction survey, 92% felt the time and effort to report symptoms was worth it, 93% of those with a pulse oximeter agreed that it made them feel more comfortable being at home, 90% felt connected and safe with the COVID-19 management team, and 62% felt that taking part in the program helped prevent visits to the emergency room or urgent care center. This program allowed successful monitoring of cancer patients diagnosed with COVID-19 while keeping healthcare providers and other patients safe from potential infection.

Conclusion

Telemedicine services have expanded rapidly in recent years, with the COVID-19 pandemic drastically accelerating this process. Several studies have demonstrated the benefit of utilizing telemedicine for providing safe and effective patient care in various settings, however, further studies are needed to demonstrate the wide-ranging benefit to patients with cancer. In addition, more studies are needed to measure specific outcomes and metrics for programs implemented. Oncology pharmacists are in a prime position to continue to cultivate and utilize telehealth services to provide high-quality patient care while demonstrating outcomes. ●●

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Chemotherapy and Immune Checkpoint Inhibitor Combination Regimens: How do we manage corticosteroid use to prevent adverse effects from chemotherapy?



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Up until about three years ago, it seemed counterintuitive to combine immune checkpoint inhibitors (ICI) and chemotherapy, given the immunosuppressive properties of chemotherapy and the theoretical potential to decrease the efficacy of ICI. Today, we have a number of FDA-approved regimens that combine ICI and chemotherapy in the front-line setting. Major advances were made in lung cancer with multiple regimens approved for metastatic non-small-cell lung cancer and extensive-stage small-cell lung cancer.^{1,2} In addition, pembrolizumab was recently studied in combination with chemotherapy for early stage triple-negative breast cancer in previously untreated patients.³

With the use of ICI, medication management questions arise. Specifically, how are corticosteroids best managed to ensure minimal impact on efficacy while preventing adverse effects of chemotherapy, such as nausea, vomiting, skin rash, and hypersensitivity reactions? Corticosteroids have long been known for their immunosuppressive properties; however, their anti-inflammatory action is quite complex and not fully understood. Corticosteroids suppress effector T-cells and increase regulatory T-cells, which results in decreased inflammation, immune activity, lymphopenia and impaired T-cell response to antigen. Corticosteroids likely bring a balance between costimulatory and coinhibitory signals rather than overall direct suppression of the immune system.^{4,5} The effects on the immune system from the concurrent administration of corticosteroids and ICI remain unknown.

Data in Non-Small-Cell Lung Cancer

The trials supporting front-line use of chemo-immunotherapy maintained corticosteroid use for prevention of nausea and vomiting or skin rash.

In the IMpower130 trial, metastatic non-small-cell lung cancer patients were randomized to receive nab-paclitaxel and platinum agents plus or minus atezolizumab. Nab-paclitaxel is considered to have low emetogenicity and many institutions will give dexamethasone only prior to nab-paclitaxel to prevent nausea. In this trial, it was left to provider discretion but noted that about 80% of patients were given corticosteroids prior to their chemotherapy in both groups. Despite the corticosteroid premedication, patients still benefited from the addition of atezolizumab in progression-free survival (PFS) (7 months vs 5.5 months, $p < 0.0001$) and overall survival (OS) (18.6 months vs 13.9 months, $p = 0.033$).⁶

In the IMpower150 trial, treatment-naïve metastatic non-small-cell lung cancer patients were randomized to receive paclitaxel, bevacizumab and platinum plus or minus atezolizumab. Corticosteroids are commonly used to prevent hypersensitivity reactions with paclitaxel, and this study left the management of corticosteroids to

institution standard. Outcomes were favorable in the atezolizumab plus chemotherapy arm with improvement in PFS (8.3 months vs 6.8 months, $p < 0.001$) and OS (19.2 months vs 14.7 months, $p = 0.02$).⁷ In Keynote-021 and Keynote-189, non-small-cell lung cancer patients were randomized to receive pemetrexed plus platinum agents plus or minus pembrolizumab. Corticosteroids are commonly used to prevent rash from pemetrexed. As in the IMpower130 trial, the management of corticosteroids was left to institution standard. PFS and OS were favorable with the addition of pembrolizumab.

In Keynote-021G, PFS was improved at 24 months compared to 9.3 months in the chemotherapy alone arm ($p = 0.0049$). OS was improved at 21.1 months in the chemotherapy alone arm and the median OS not yet reached in the pembrolizumab plus chemotherapy arm ($p = 0.0151$).⁸ PFS was significantly better at 8.8 months versus 4.9 months ($p < 0.001$) with addition of pembrolizumab in the Keynote-189 trial. OS also significantly improved at 11.3 months in the chemotherapy alone arm and median OS not yet reached ($p < 0.001$) with the addition of pembrolizumab.⁹

In Keynote-407, non-small-cell lung cancer patients were randomized to receive a platinum agent, paclitaxel or nab-paclitaxel plus or minus pembrolizumab. It's typical that nearly all patients on paclitaxel will get corticosteroids prior to their chemotherapy, at least for the first two doses. On the other hand, nab-paclitaxel, given its low emetogenicity and other options for anti-nausea, the corticosteroid may be omitted.

Unfortunately, the authors did not disclose the percentage of patients on corticosteroids with paclitaxel and nab-paclitaxel and this information was not able to be obtained. However, this study still showed that the treatment benefit of pembrolizumab was seen in PFS and OS. PFS was improved at 6.4 months versus 4.8 months ($p < 0.001$) in the chemotherapy alone arm. OS was significantly better at 15.9 months versus 11.3 months ($p < 0.001$) in the chemotherapy alone arm. Sixty percent of patients were on paclitaxel and it was found there was no difference in the treatment effect between the paclitaxel group and the nab-paclitaxel group.¹⁰

Data in Small-Cell Lung Cancer

In extensive-stage small-cell lung cancer, there are two trials supporting front-line indications. In the IMpower133 study, treatment-naïve patients were randomized to four cycles of carboplatin and etoposide with or without atezolizumab, followed by atezolizumab or placebo maintenance therapy. Premedications prior to chemotherapy were left to institution standard with a statement of caution to minimize corticosteroid use as much as possible given the theoretical effects of corticosteroids on ICI efficacy. The median OS was significantly improved in the atezolizumab group at 12.3 months vs 10.3 months ($p = 0.007$). Furthermore, PFS was favorable in the atezolizumab group at 5.2 months versus 4.3 months ($p = 0.02$).¹¹

In the CASPIAN trial, durvalumab was evaluated in combination with the then standard of care chemotherapy regimen, a platinum (carboplatin or cisplatin) and etoposide. The addition of durvalumab provided a significant improvement in OS of 13 months versus 10.3 months ($p=0.0047$). In this study, premedications with corticosteroids was permitted prior to chemotherapy for prevention of nausea and vomiting.¹²

Data in Triple-Negative Breast Cancer

Keynote-522 evaluated pembrolizumab in combination with paclitaxel and carboplatin in previously untreated stage II or III triple-negative breast cancer patients. Patients received neoadjuvant therapy with four cycles of the pembrolizumab plus chemotherapy followed by four additional cycles of pembrolizumab or placebo alone. Both groups received four cycles of either doxorubicin and cyclophosphamide or epirubicin and cyclophosphamide every three weeks. After definitive surgery, patients received pembrolizumab or placebo alone for up to nine cycles.

Their first interim analysis was positive with a pathological complete response of 64.8% in the pembrolizumab plus chemotherapy group versus 51.2% in the chemotherapy alone group ($p<0.001$). The protocol left the premedications to institution standard, allowing corticosteroids prior to chemotherapy administration for prevention of nausea, vomiting, and hypersensitivity reactions.³

Guidelines

Prior to an update made this year, National Cancer Comprehensive Network (NCCN) guidelines contained a caveat when it comes to antiemetic use. In part, the guidelines said, “When ICI are administered concurrently with emetogenic chemotherapy, inconclusive data suggest concurrent corticosteroid administration may negatively impact cancer outcomes. Until more evidence is available, the panel recommends employment of a corticosteroid-sparing approach to antiemetic prophylaxis on a case-by-case and regimen basis.” This has been removed with the most recent 2020 update based on the multiple previous trials, which included concurrent corticosteroid use to prevent adverse effects from chemotherapy when combined with ICI.¹³

American Society of Clinical Oncology (ASCO) cites the two pembrolizumab trials (Keynote-021G and Keynote 189) completed in non-small-cell lung cancer patients as evidence that dexamethasone should not be removed from guideline-compliant antiemetic prophylaxis regimens used in chemotherapy plus ICI regimens.¹⁴ Thus, the two leading oncology guidelines for antiemetic use supports the use of corticosteroids when appropriate prior to chemotherapy in combination with ICI.

Treatment Doses of Corticosteroids for Immune-related Adverse Effects

There has been the question of whether treatment of immune-related adverse events with corticosteroids impacts the efficacy of ICI. A retrospective review at Memorial Sloan Kettering Cancer Center looked at treatment of 103 patients that required systemic corticosteroids for their immune-related adverse events out of 254 patients who experienced immune-related adverse events. These

doses of corticosteroids are usually as high as 1mg/kg of prednisone or equivalent but can vary widely between prescribing physicians.

Median time to treatment failure was 5.7 months and median OS was 16.5 months, which compared favorably with other ipilimumab studies. The time to treatment failure curve plateaued at 88%, leaving 12% who experienced long-term disease control despite the use of corticosteroids to treat immune-related adverse events. When patients were stratified by the presence or absence of immune-related adverse events of any grade, there was no difference in OS or time to treatment failure.

In addition, no difference in OS or time to treatment failure was observed when patients were stratified by administration of corticosteroids.¹⁵ Thus, high doses of corticosteroids used to treat immune-related adverse events do not appear to impact efficacy of immune-checkpoint inhibitors.

Baseline Corticosteroid Use

A physiologic dose of corticosteroids is approximately 7.5 mg of prednisone; therefore, doses less than or equal to 10 mg of prednisone have been deemed acceptable.^{16,17,18,19,20} Patients receiving more than 10 mg of prednisone or equivalent prior to and concurrently with immune-checkpoint inhibitors for longer durations than a few days have been excluded from trials thus far. There is some evidence that corticosteroid use prior to and within 30 days of initiation of immune-checkpoint inhibitors could impact efficacy.

A retrospective review of two cancer centers, Memorial Sloan Kettering and Gustave Roussy reviewed 640 patients treated with single agent ICI. Ninety of these patients were on at least 10 mg of prednisone for various indications, including dyspnea, fatigue and brain metastasis. The overall response rates, PFS, and OS were significantly decreased in the corticosteroid group compared to the control group who had no steroids or less than 10 mg of prednisone on board. There was a similar detriment in efficacy with prednisone amounts greater than 20 mg versus 10-19 mg of prednisone.

They did find that the timing of discontinuation of the steroids had a varying impact on PFS and OS. When patients discontinued their corticosteroids at least one day prior to initiation of the ICI, they had intermediate PFS and OS. The best PFS and OS was seen in patients who had no corticosteroids within 30 days of therapy. Of note, authors adjusted for confounding factors, such as smoking history, performance status, and history of brain metastasis, and use of corticosteroids remained associated with decreased efficacy.²¹

Another retrospective review evaluated early use of corticosteroids in non-small-cell lung cancer patients treated with nivolumab monotherapy. The median daily dose of prednisone was 35 mg and went as high as 180 mg per day. Authors found that OS was significantly decreased at 11 months versus 4.3 months ($p=0.017$).²² These studies do have limitations and the design does not differentiate between correlation versus causation with baseline corticosteroids.

To answer this question, the Dana-Farber Cancer Institute completed a retrospective review of 650 patients with non-small-cell lung cancer treated with single agent ICI. They categorized the indication for the corticosteroids as either palliative (cancer-related) or nonpalliative. Out of 650 patients, 93 were on at least 10 mg of prednisone

CLINICAL PEARLS (continued)

to as high as 150 mg per day. Palliative indications included brain metastasis, cancer-related dyspnea, pain from bone metastasis, and cancer-related anorexia. Nonpalliative indications included, pneumonitis from prior treatment, chronic obstructive pulmonary disease, autoimmune disease and iodinated contrast prophylaxis.

There were significant differences in the baseline characteristics between the two groups. The performance status was poorer and the number of patients with brain metastasis prior to starting ICI was significantly higher. In those patients receiving corticosteroids for nonpalliative indications, the ICI was typically in the second-line or later. This could be significant as patients treated in the first line with ICI are expected to have better outcomes compared to patients being treated in subsequent lines of therapy.

After analysis, this review confirmed that baseline use of less than 10 mg of prednisone at the time of ICI initiation was associated with significantly lower overall response rates, PFS, and OS. However, when the indication for the corticosteroids was teased out, those patients on corticosteroids for nonpalliative indications had a similar PFS and OS compared to patients who were not on corticosteroids. Patients on corticosteroids for palliation still had significantly lower outcomes than patients not on corticosteroids. From this data, those patients on corticosteroids for cancer-related palliation had decreased efficacy likely due to an already poorer prognosis and not necessarily from the use of corticosteroids being concurrently administered with ICI.²³

Although the mechanisms of corticosteroids are not fully elucidated, there is a theory regarding the potential mechanism of corticosteroids early administration in ICI treatment. In cancer, there is a state of CD8+ T-cell dysfunction that is associated with the expression of PD-1 inhibitory receptors. In a study in lab rats, it was found these PD-1 positive CD-8+ T-cells underwent self-renewal but mainly differentiated into terminally exhausted CD-8+ T-cells. When these mice were treated with PD-1 blockade, there was a proliferative burst almost exclusively of CD-8+ T-cells, resulting in restoration of their function. It is likely the benefit from ICI is largely derived from this initial burst in CD-8+ T-cells upon initiation of therapy. Therefore, the concern with corticosteroid use at baseline would blunt this T-cell burst and decrease the benefit.²⁴ If true, the administration of corticosteroids after this CD-8+ T-cell burst would not impact ICI efficacy.

Conclusion

Several trials have studied ICI in combination with chemotherapy and have allowed the use of corticosteroids to prevent adverse effects from chemotherapy. Outcomes have been favorable with the addition of ICI despite the use of corticosteroids. These trials are not conclusive that corticosteroids used to prevent adverse effects from chemotherapy do not have any impact on the efficacy of ICI, but they do show that the benefit of the addition of an ICI to chemotherapy is still appreciated despite the concurrent use of corticosteroids. It is appropriate for patients on these regimens to continue to receive corticosteroids to prevent adverse effects from chemotherapy. ●●

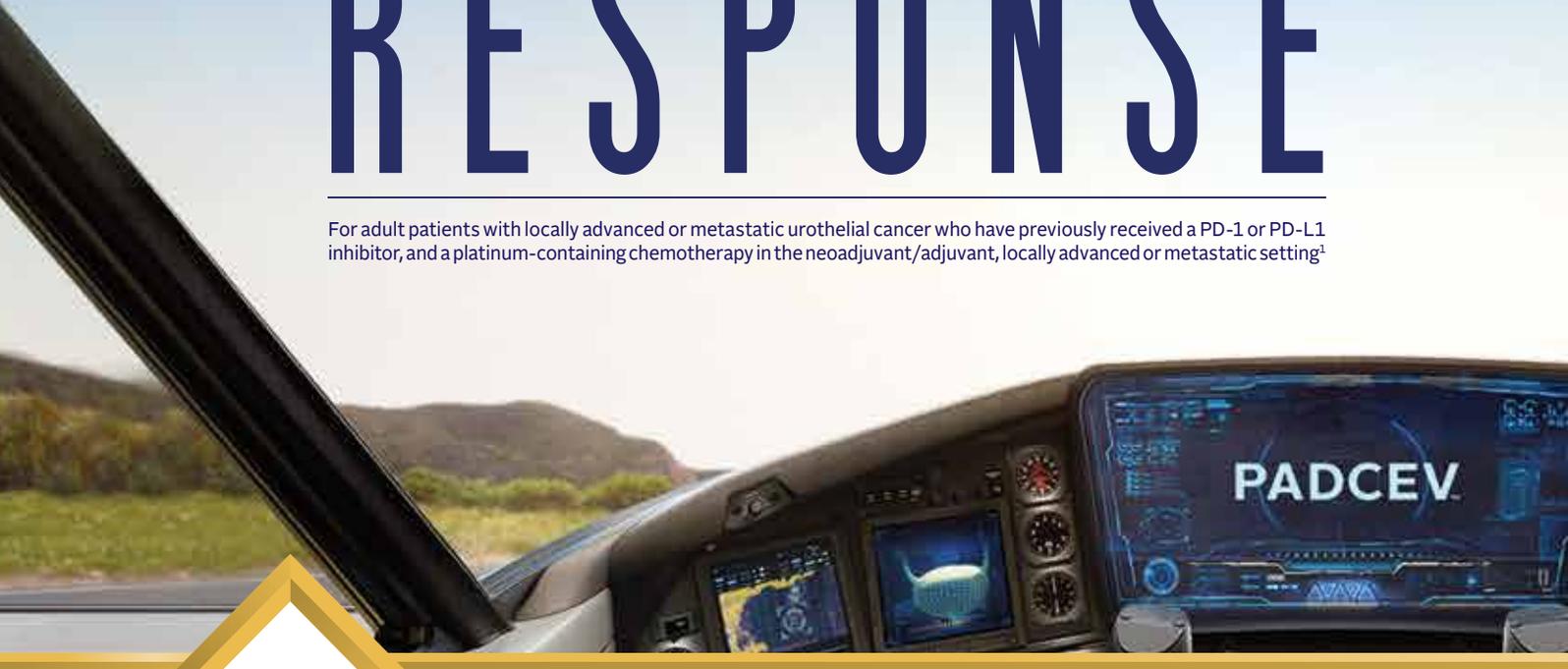
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FIRST AND ONLY mUC TREATMENT FDA-APPROVED FOLLOWING BOTH A PD-1 OR PD-L1 INHIBITOR AND A PLATINUM-CONTAINING CHEMOTHERAPY¹⁻¹⁰

SET A COURSE FOR RESPONSE

For adult patients with locally advanced or metastatic urothelial cancer who have previously received a PD-1 or PD-L1 inhibitor, and a platinum-containing chemotherapy in the neoadjuvant/adjuvant, locally advanced or metastatic setting¹



INDICATION

PADCEV (enfortumab vedotin-ejfv) is indicated for the treatment of adult patients with locally advanced or metastatic urothelial cancer (mUC) who have previously received a programmed death receptor-1 (PD-1) or programmed death-ligand 1 (PD-L1) inhibitor, and a platinum-containing chemotherapy in the neoadjuvant/adjuvant, locally advanced or metastatic setting.

This indication is approved under accelerated approval based on tumor response rate. Continued approval may be contingent upon verification and description of clinical benefit in confirmatory trials.

IMPORTANT SAFETY INFORMATION

WARNINGS AND PRECAUTIONS

Hyperglycemia occurred in patients treated with PADCEV, including death and diabetic ketoacidosis (DKA), in those with and without pre-existing diabetes mellitus. The incidence of Grade 3-4 hyperglycemia increased consistently in patients with higher body mass index and in patients with higher baseline A1C. In one clinical trial, 8% of patients developed Grade 3-4 hyperglycemia. Patients with baseline hemoglobin A1C $\geq 8\%$ were excluded. Closely monitor blood glucose levels in patients with, or at risk for, diabetes mellitus or hyperglycemia. If blood glucose is elevated (>250 mg/dL), withhold PADCEV.

Peripheral neuropathy (PN), predominantly sensory, occurred in 49% of the 310 patients treated with PADCEV in clinical trials; 2% experienced Grade 3 reactions. In one clinical trial, peripheral neuropathy occurred in patients treated with PADCEV with or without preexisting peripheral neuropathy. The median time to onset of Grade ≥ 2 was 3.8 months (range: 0.6 to 9.2). Neuropathy led to treatment discontinuation in 6% of patients. At the time of their last evaluation, 19% had complete resolution, and 26% had partial improvement. Monitor patients for symptoms of new or worsening peripheral neuropathy and consider dose interruption or dose reduction of PADCEV when peripheral neuropathy occurs. Permanently discontinue PADCEV in patients that develop Grade ≥ 3 peripheral neuropathy.

Ocular disorders occurred in 46% of the 310 patients treated with PADCEV. The majority of these events involved the cornea and included keratitis,

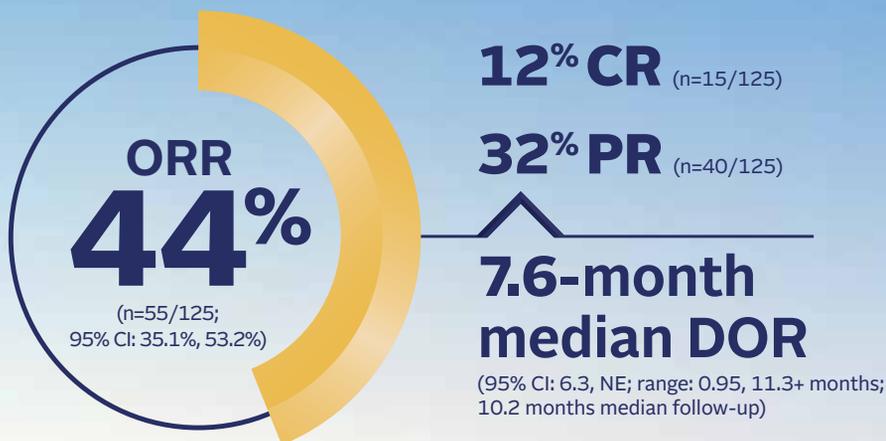
blurred vision, limbal stem cell deficiency and other events associated with dry eyes. Dry eye symptoms occurred in 36% of patients, and blurred vision occurred in 14% of patients, during treatment with PADCEV. The median time to onset to symptomatic ocular disorder was 1.9 months (range: 0.3 to 6.2). Monitor patients for ocular disorders. Consider artificial tears for prophylaxis of dry eyes and ophthalmologic evaluation if ocular symptoms occur or do not resolve. Consider treatment with ophthalmic topical steroids, if indicated after an ophthalmic exam. Consider dose interruption or dose reduction of PADCEV for symptomatic ocular disorders.

Skin reactions occurred in 54% of the 310 patients treated with PADCEV in clinical trials. Twenty-six percent (26%) of patients had maculopapular rash and 30% had pruritus. Grade 3-4 skin reactions occurred in 10% of patients and included symmetrical drug-related intertriginous and flexural exanthema (SDRIFE), bullous dermatitis, exfoliative dermatitis, and palmar-plantar erythrodysesthesia. In one clinical trial, the median time to onset of severe skin reactions was 0.8 months (range: 0.2 to 5.3). Of the patients who experienced rash, 65% had complete resolution and 22% had partial improvement. Monitor patients for skin reactions. Consider appropriate treatment, such as topical corticosteroids and antihistamines for skin reactions, as clinically indicated. For severe (Grade 3) skin reactions, withhold PADCEV until improvement or resolution and administer appropriate medical treatment. Permanently discontinue PADCEV in patients that develop Grade 4 or recurrent Grade 3 skin reactions.

Infusion site extravasation Skin and soft tissue reactions secondary to extravasation have been observed after administration of PADCEV. Of the 310 patients, 1.3% of patients experienced skin and soft tissue reactions. Reactions may be delayed. Erythema, swelling, increased temperature, and pain worsened until 2-7 days after extravasation and resolved within 1-4 weeks of peak. One percent (1%) of patients developed extravasation reactions with secondary cellulitis, bullae, or exfoliation. Ensure adequate venous access prior to starting PADCEV and monitor for possible extravasation during administration. If extravasation occurs, stop the infusion and monitor for adverse reactions.

Embryo-fetal toxicity PADCEV can cause fetal harm when administered to a pregnant woman. Advise patients of the potential risk to the fetus. Advise female patients of reproductive potential to use effective contraception during PADCEV treatment and for 2 months after the last dose. Advise male patients

EV-201 TRIAL: PRIMARY (ORR) AND SECONDARY (DOR) ENDPOINTS^{1,11,12*}



- PADCEV™ is an **antibody-drug conjugate** that requires **no biomarker testing**^{1,11,12}

*The EV-201 trial is a single-arm, multicenter trial of 125 patients with locally advanced or metastatic urothelial cancer who had previously received a PD-1 or PD-L1 inhibitor and a platinum-containing chemotherapy. Patients received 1.25 mg/kg of PADCEV via IV infusion over 30 minutes on days 1, 8, and 15 of every 28-day cycle and continued to receive treatment until disease progression or unacceptable toxicity. The major efficacy outcome measures, confirmed ORR and DOR, were assessed by BICR using RECIST v1.1. ORR consisted of confirmed CR and PR. CR was defined as the disappearance of all target lesions. PR was defined as a $\geq 30\%$ decrease in the sum of diameters of target lesions, taking as reference the baseline sum diameters. Median duration of follow-up was 10.2 months.^{1,11,12}

with female partners of reproductive potential to use effective contraception during treatment with PADCEV and for 4 months after the last dose.

ADVERSE REACTIONS

Serious adverse reactions occurred in 46% of patients treated with PADCEV. The most common serious adverse reactions ($\geq 3\%$) were urinary tract infection (6%), cellulitis (5%), febrile neutropenia (4%), diarrhea (4%), sepsis (3%), acute kidney injury (3%), dyspnea (3%), and rash (3%). Fatal adverse reactions occurred in 3.2% of patients, including acute respiratory failure, aspiration pneumonia, cardiac disorder, and sepsis (each 0.8%).

Adverse reactions leading to discontinuation occurred in 16% of patients; the most common adverse reaction leading to discontinuation was peripheral neuropathy (6%). Adverse reactions leading to dose interruption occurred in 64% of patients; the most common adverse reactions leading to dose interruption were peripheral neuropathy (18%), rash (9%) and fatigue (6%). Adverse reactions leading to dose reduction occurred in 34% of patients; the most common adverse reactions leading to dose reduction were peripheral neuropathy (12%), rash (6%) and fatigue (4%).

The most common adverse reactions ($\geq 20\%$) were fatigue (56%), peripheral neuropathy (56%), decreased appetite (52%), rash (52%), alopecia (50%), nausea (45%), dysgeusia (42%), diarrhea (42%), dry eye (40%), pruritus (26%) and dry skin (26%). The most common Grade ≥ 3 adverse reactions ($\geq 5\%$) were rash (13%), diarrhea (6%) and fatigue (6%).

LAB ABNORMALITIES

In one clinical trial, Grade 3-4 laboratory abnormalities reported in $\geq 5\%$ were: lymphocytes decreased (10%), hemoglobin decreased (10%), phosphate decreased (10%), lipase increased (9%), sodium decreased (8%), glucose increased (8%), urate increased (7%), neutrophils decreased (5%).

DRUG INTERACTIONS

Effects of other drugs on PADCEV Concomitant use with a strong CYP3A4 inhibitor may increase free MMAE exposure, which may increase the incidence or severity of PADCEV toxicities. Closely monitor patients for signs of toxicity when PADCEV is given concomitantly with strong CYP3A4 inhibitors.

SPECIFIC POPULATIONS

Lactation Advise lactating women not to breastfeed during treatment with PADCEV and for at least 3 weeks after the last dose.

Hepatic impairment Avoid the use of PADCEV in patients with moderate or severe hepatic impairment.

Please see Brief Summary of full Prescribing Information on adjacent page.

BICR=blinded independent central review; CI=confidence interval; CR=complete response; DOR=duration of response; FDA=US Food and Drug Administration; IV=intravenous; NE=not estimable; ORR=objective response rate; PD-1=programmed death receptor-1; PD-L1=programmed death-ligand 1; PR=partial response; RECIST=Response Evaluation Criteria in Solid Tumors.

References: 1. PADCEV [package insert]. Northbrook, IL: Astellas Pharma US, Inc. 2. Docetaxel [package insert]. Bridgewater, NJ: sanofi-aventis U.S. LLC. 3. Gemzar [package insert]. Indianapolis, IN: Lilly USA, LLC. 4. Balversa [package insert]. Horsham, PA: Janssen Products, LP. 5. Adriamycin [package insert]. Eatontown, NJ: Hikma Pharmaceuticals USA Inc. 6. Methotrexate [package insert]. Lake Zurich, IL: Fresenius Kabi USA, LLC. 7. Cisplatin [package insert]. Paramus, NJ: WG Critical Care, LLC. 8. Ifosfamide [package insert]. Deerfield, IL: Baxter Healthcare Corporation. 9. Paclitaxel [package insert]. Lake Forest, IL: Hospira Inc. 10. Vinblastine sulfate [package insert]. Lake Zurich, IL: Fresenius Kabi USA, LLC. 11. Rosenberg JE, O'Donnell PH, Balar AV, et al. Pivotal trial of enfortumab vedotin in urothelial carcinoma after platinum and anti-programmed death 1/programmed death ligand 1 therapy. J Clin Oncol 2019;37(29):2592-600. 12. Seattle Genetics, Inc. and Astellas. PADCEV. Data on File.



PADCEV™
enfortumab vedotin-ejfv
Injection for IV infusion 20 mg & 30 mg vials

PADCEV™ (enfortumab vedotin-ejfv) for injection, for intravenous use

The following is a brief summary of full Prescribing Information. **Please see the package insert for full prescribing information.**

INDICATIONS AND USAGE

PADCEV is indicated for the treatment of adult patients with locally advanced or metastatic urothelial cancer (mUC) who have previously received a programmed death receptor-1 (PD-1) or programmed death-ligand 1 (PD-L1) inhibitor, and a platinum-containing chemotherapy in the neoadjuvant/adjunct, locally advanced or metastatic setting.

This indication is approved under accelerated approval based on tumor response rate. Continued approval for this indication may be contingent upon verification and description of clinical benefit in confirmatory trials.

DOSAGE AND ADMINISTRATION

Recommended Dosage

The recommended dose of PADCEV is 1.25 mg/kg (up to a maximum of 125 mg for patients ≥100 kg) administered as an intravenous infusion over 30 minutes on Days 1, 8 and 15 of a 28-day cycle until disease progression or unacceptable toxicity.

Dose Modifications

Adverse Reaction	Severity*	Dose Modification*
Hyperglycemia	Blood glucose >250 mg/dL	Withhold until elevated blood glucose has improved to ≤ 250 mg/dL, then resume treatment at the same dose level.
Peripheral Neuropathy	Grade 2	Withhold until Grade ≤1, then resume treatment at the same dose level (if first occurrence). For a recurrence, withhold until Grade ≤1 then, resume treatment reduced by one dose level.
	Grade ≥3	Permanently discontinue.
Skin Reactions	Grade 3 (severe)	Withhold until Grade ≤1, then resume treatment at the same dose level or consider dose reduction by one dose level.
	Grade 4 or recurrent Grade 3	Permanently discontinue.
Other nonhematologic toxicity	Grade 3	Withhold until Grade ≤1, then resume treatment at the same dose level or consider dose reduction by one dose level
	Grade 4	Permanently discontinue.
Hematologic toxicity	Grade 3, or Grade 2 thrombocytopenia	Withhold until Grade ≤1, then resume treatment at the same dose level or consider dose reduction by one dose level.
	Grade 4	Withhold until Grade ≤1, then reduce dose by one dose level or discontinue treatment.

*Grade 1 is mild, Grade 2 is moderate, Grade 3 is severe, Grade 4 is life-threatening.

WARNINGS AND PRECAUTIONS

Hyperglycemia

Hyperglycemia occurred in patients treated with PADCEV, including death, and diabetic ketoacidosis (DKA) in those with and without pre-existing diabetes mellitus. The incidence of Grade 3-4 hyperglycemia increased consistently in patients with higher body mass index and in patients with higher baseline A1C. In EV-201, 8% of patients developed Grade 3-4 hyperglycemia. In this trial, patients with baseline hemoglobin A1C ≥8% were excluded. Closely monitor blood glucose levels in patients with, or at risk for, diabetes mellitus or hyperglycemia. If blood glucose is elevated (>250 mg/dL), withhold PADCEV.

Peripheral neuropathy (PN)

Peripheral neuropathy, predominantly sensory, occurred in 49% of the 310 patients treated with PADCEV in clinical trials; 2% experienced Grade 3 reactions. In study EV-201, peripheral neuropathy occurred in patients treated with PADCEV with or without preexisting peripheral neuropathy. The median time to onset of Grade ≥2 was 3.8 months (range: 0.6 to 9.2). Neuropathy led to treatment discontinuation in 6% of patients. At the time of their last evaluation, 19% had complete resolution, and 26% had partial improvement. Monitor patients for symptoms of new or worsening peripheral neuropathy

and consider dose interruption or dose reduction of PADCEV when peripheral neuropathy occurs. Permanently discontinue PADCEV in patients that develop Grade ≥3 peripheral neuropathy.

Ocular disorders

Ocular disorders occurred in 46% of the 310 patients treated with PADCEV. The majority of these events involved the cornea and included keratitis, blurred vision, limbal stem cell deficiency and other events associated with dry eyes. Dry eye symptoms occurred in 36% of patients, and blurred vision occurred in 14% of patients, during treatment with PADCEV. The median time to onset to symptomatic ocular disorder was 1.9 months (range: 0.3 to 6.2). Monitor patients for ocular disorders. Consider artificial tears for prophylaxis of dry eyes and ophthalmologic evaluation if ocular symptoms occur or do not resolve. Consider treatment with ophthalmic topical steroids, if indicated after an ophthalmic exam. Consider dose interruption or dose reduction of PADCEV for symptomatic ocular disorders.

Skin Reactions

Skin reactions occurred in 54% of the 310 patients treated with PADCEV in clinical trials. Twenty-six percent (26%) of patients had maculopapular rash and 30% had pruritus. Grade 3-4 skin reactions occurred in 10% of patients and included symmetrical drug-related intertriginous and flexural exanthema (SDRIFE), bullous dermatitis, exfoliative dermatitis, and palmar-plantar erythrodysesthesia. In study EV-201, the median time to onset of severe skin reactions was 0.8 months (range: 0.2 to 5.3). Of the patients who experienced rash, 65% had complete resolution and 22% had partial improvement.

Monitor patients for skin reactions. Consider appropriate treatment, such as topical corticosteroids and antihistamines for skin reactions, as clinically indicated. For severe (Grade 3) skin reactions, withhold PADCEV until improvement or resolution and administer appropriate medical treatment. Permanently discontinue PADCEV in patients that develop Grade 4 or recurrent Grade 3 skin reactions.

Infusion Site Extravasation

Skin and soft tissue reactions secondary to extravasation have been observed after administration of PADCEV. Of the 310 patients, 1.3% of patients experienced skin and soft tissue reactions. Reactions may be delayed. Erythema, swelling, increased temperature, and pain worsened until 2-7 days after extravasation and resolved within 1-4 weeks of peak. One percent of patients developed extravasation reactions with secondary cellulitis, bullae, or exfoliation. Ensure adequate venous access prior to starting PADCEV and monitor for possible extravasation during administration. If extravasation occurs, stop the infusion and monitor for adverse reactions.

Embryo-Fetal Toxicity

Based on the mechanism of action and findings in animals, PADCEV can cause fetal harm when administered to a pregnant woman. In animal reproduction studies, administration of enfortumab vedotin to pregnant rats during the period of organogenesis caused maternal toxicity, embryo-fetal lethality, structural malformations and skeletal anomalies at maternal exposures approximately similar to the clinical exposures at the recommended human dose of 1.25 mg/kg.

Advise patients of the potential risk to the fetus. Advise female patients of reproductive potential to use effective contraception during PADCEV treatment and for 2 months after the last dose of PADCEV. Advise male patients with female partners of reproductive potential to use effective contraception during treatment with PADCEV and for 4 months after the last dose.

ADVERSE REACTIONS

Clinical Trial Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

The data in the **WARNINGS AND PRECAUTIONS** section reflect exposure to PADCEV as a single agent at 1.25 mg/kg in 310 patients in EV-201, EV-101 (NCT02091999), and EV-102 (NCT03219333). Among 310 patients receiving PADCEV, 30% were exposed for ≥ 6 months and 8% were exposed for ≥12 months.

The data described in this section reflect exposure to PADCEV from EV-201, a single arm study in patients (n=125) with locally advanced or metastatic urothelial cancer who had received prior treatment with a PD-1 or PD-L1 inhibitor and platinum-based chemotherapy. Patients received PADCEV 1.25 mg/kg on Days 1, 8 and 15 of a 28-day cycle until disease progression or unacceptable toxicity. The median duration of exposure to PADCEV was 4.6 months (range: 0.5-15.6).

Serious adverse reactions occurred in 46% of patients treated with PADCEV. The most common serious adverse reactions (≥3%) were urinary tract infection (6%), cellulitis (5%), febrile neutropenia (4%), diarrhea (4%), sepsis (3%), acute kidney injury (3%), dyspnea (3%), and rash (3%). Fatal adverse reactions occurred in 3.2% of patients, including acute respiratory failure, aspiration pneumonia, cardiac disorder, and sepsis (each 0.8%).

Adverse reactions leading to discontinuation occurred in 16% of patients; the most common adverse reaction leading to discontinuation was peripheral neuropathy (6%). Adverse reactions leading to dose interruption occurred

in 64% of patients; the most common adverse reactions leading to dose interruption were peripheral neuropathy (18%), rash (9%) and fatigue (6%). Adverse reactions leading to dose reduction occurred in 34% of patients; the most common adverse reactions leading to dose reduction were peripheral neuropathy (12%), rash (6%) and fatigue (4%).

The most common adverse reactions ($\geq 20\%$) were fatigue, peripheral neuropathy, decreased appetite, rash, alopecia, nausea, dysgeusia, diarrhea, dry eye, pruritus and dry skin. The most common Grade ≥ 3 adverse reaction ($\geq 5\%$) were rash, diarrhea, and fatigue.

Table 1 summarizes the all grade and Grade ≥ 3 adverse reactions reported in patients in EV-201.

Table 1. Adverse Reactions Reported in $\geq 15\%$ (Any Grade) or $\geq 5\%$ (Grade ≥ 3) of Patients Treated with PADCEV in EV-201

Adverse Reaction	PADCEV n=125	
	All Grades %	Grade ≥ 3 %
Any	100	73
General disorders and administration site conditions		
Fatigue*	56	6
Nervous system disorders		
Peripheral neuropathy [†]	56	4
Dysgeusia	42	0
Metabolism and nutrition disorders		
Decreased appetite	52	2
Skin and subcutaneous tissue disorders		
Rash [‡]	52	13
Alopecia	50	0
Dry skin	26	0
Pruritus [§]	26	2
Eye disorders		
Dry eye [¶]	40	0
Gastrointestinal disorders		
Nausea	45	3
Diarrhea [‡]	42	6
Vomiting	18	2

*Includes: asthenia and fatigue

[†]Includes: hypoesthesia, gait disturbance, muscular weakness, neuralgia, paresthesia, peripheral motor neuropathy, peripheral sensory neuropathy and peripheral sensorimotor neuropathy.

[‡]Includes: dermatitis acneiform, dermatitis bullous, dermatitis contact, dermatitis exfoliative, drug eruption, erythema, erythema multiforme, exfoliative rash, palmar-plantar erythrodysesthesia syndrome, photosensitivity reaction, rash, rash erythematous, rash generalized, rash macular, rash maculo-papular, rash papular, rash pustular, rash pruritic, rash vesicular, skin exfoliation, stasis dermatitis, and symmetrical drug-related intertriginous and flexural exanthema (SDRIFE) and urticaria.

[§]Includes: pruritus and pruritus generalized

[¶]Includes: blepharitis, conjunctivitis, dry eye, eye irritation, keratitis, keratopathy, lacrimation increased, limbal stem cell deficiency, Meibomian gland dysfunction, ocular discomfort, punctate keratitis, tear break up time decreased.

[‡]Includes: colitis, diarrhea and enterocolitis

Other clinically significant adverse reactions ($\leq 15\%$) include: herpes zoster (3%) and infusion site extravasation (2%).

Immunogenicity

As with all therapeutic proteins, there is a potential for immunogenicity. The detection of antibody formation is highly dependent on the sensitivity and specificity of the assay. Additionally, the observed incidence of antibody (including neutralizing antibody) positivity in an assay may be influenced by several factors including assay methodology, sample handling, timing of sample collection, concomitant medications, and underlying disease. For these reasons, comparison of the incidence of antibodies in the studies described below with the incidence of antibodies in other studies or other enfortumab vedotin products may be misleading. A total of 365 patients were tested for immunogenicity to PADCEV; 4 patients (1%) were confirmed to be transiently positive for anti-therapeutic antibody (ATA), and 1 patient (0.3%) was confirmed to be persistently positive for ATA at any post-baseline time point. No impact of ATA on efficacy, safety and pharmacokinetics was observed.

DRUG INTERACTIONS

Effects of Other Drugs on PADCEV

Strong CYP3A4 Inhibitors

Concomitant use with a strong CYP3A4 inhibitor may increase free MMAE exposure, which may increase the incidence or severity of PADCEV toxicities. Closely monitor patients for signs of toxicity when PADCEV is given concomitantly with strong CYP3A4 inhibitors.

USE IN SPECIFIC POPULATIONS

Pregnancy

Risk Summary

Based on the mechanism of action and findings in animals, PADCEV can cause fetal harm when administered to a pregnant woman. There are no available human data on PADCEV use in pregnant women to inform a drug-associated risk. In an animal reproduction study, administration of enfortumab vedotin-efjv to pregnant rats during organogenesis caused maternal toxicity, embryo-fetal lethality, structural malformations and skeletal anomalies at maternal exposures approximately similar to the exposures at the recommended human dose of 1.25 mg/kg. Advise patients of the potential risk to the fetus.

Lactation

Risk Summary

There are no data on the presence of enfortumab vedotin-efjv in human milk, the effects on the breastfed child, or the effects on milk production. Because of the potential for serious adverse reactions in a breastfed child, advise lactating women not to breastfeed during treatment with PADCEV and for at least 3 weeks after the last dose.

Females and Males of Reproductive Potential

Pregnancy testing

Verify pregnancy status in females of reproductive potential prior to initiating PADCEV treatment.

Contraception

Females

PADCEV can cause fetal harm when administered to a pregnant woman. Advise females of reproductive potential to use effective contraception during PADCEV treatment and for 2 months after the last dose.

Males

Advise male patients with female partners of reproductive potential to use effective contraception during treatment with PADCEV and for 4 months after the last dose.

Infertility

Males

Based on findings from animal studies, PADCEV may impair male fertility.

Pediatric Use

Safety and effectiveness of PADCEV in pediatric patients have not been established.

Geriatric Use

Of the 310 patients treated with PADCEV in clinical studies, 187 (60%) were 65 years or older and 80 (26%) were 75 years or older. No overall differences in safety or effectiveness were observed between these patients and younger patients.

Hepatic Impairment

Avoid the use of PADCEV in patients with moderate or severe hepatic impairment. PADCEV has not been studied in patients with moderate or severe hepatic impairment. In another ADC that contains MMAE, the frequency of \geq Grade 3 adverse reactions and deaths was greater in patients with moderate (Child-Pugh B) or severe (Child-Pugh C) hepatic impairment compared to patients with normal hepatic function. No adjustment in the starting dose is required when administering PADCEV to patients with mild hepatic impairment.

Renal Impairment

No dose adjustment is required in patients with mild (CrCL >60 -90 mL/min), moderate (CrCL 30-60 mL/min) or severe (CrCL <30 mL/min) renal impairment.

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Exploring Teaching Opportunities During Residency Training



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With a variety of learning experiences during your residency year, teaching may not be a requirement. Yet, as a future clinical pharmacist, your primary role will be to serve as the medication expert for your service, meaning your day-to-day will most likely include teaching. You will teach your team about drug initiation or dose adjustments, educate patients about a new medication, and/or act as a teacher for the learners on your rotation. After residency, you may even be interested in pursuing clinical positions affiliated with pharmacy schools or residency programs, which will require you to precept students and residents, respectively. Exploring teaching opportunities as a resident will help you begin to develop your teaching style and gain insight into potential career paths.

Selecting meaningful teaching opportunities can be challenging as a resident, especially when your time is limited, your interests are evolving, and you aren't sure how to obtain these experiences. Below we share our thoughts on teaching opportunities available to residents.

Teaching Certificate Program

As a pharmacy resident, you may be given the opportunity to participate in a teaching certificate program with a local school of pharmacy. Depending on your level of interest in teaching (ranging from uncertain through passionate), participating in a teaching certificate program is a good place to start.

These programs vary in terms of topics and meeting, but generally offer lessons on how to write learning objectives, prepare lectures, create exam questions, and adapt your teaching style for different learners. Some of the benefits of participating in a teaching certificate program include the opportunity to create and present your own lecture to pharmacy students, as well as to gain skills and resources to be an effective preceptor or faculty member.

In addition, most teaching certificate programs encourage you to develop your personal teaching philosophy, which is something

many residents have not yet written but may need when applying to faculty positions after residency. Lastly, you will have a lot of opportunities for networking with your colleagues since pharmacy residents from many programs in the surrounding area may participate in the teaching certificate program.

Precepting Pharmacy Students and/or PGY1 Pharmacy Residents

Depending on your residency year or site, you may be offered the opportunity to precept pharmacy students or postgraduate year one (PGY1) pharmacy residents. If precepting is not a requirement for your program, we suggest that you reach out to your residency program director (RPD) or faculty preceptors to let them know you are interested so they can help to identify times of the year when you may be able to precept learners. There are many ways to get involved with precepting based on your desire to teach and the amount of time you have to commit amongst your residency projects and commitments.

If you do not feel you can precept a rotation due to time intensity, then precepting a student or resident on an in-service, journal club, or case presentation may be right for you. Precepting these types of learning experiences is often less cumbersome as it mainly involves reviewing drafts, providing feedback, and being present to support your learner on the day of his or her presentation.

If you are more passionate about teaching or trying to further develop your teaching style, then precepting a student or resident on a rotation may be more fruitful for you.

Serving as a rotation preceptor will challenge you to meet the learner at his or her level of understanding and help you find different ways to describe processes, mechanisms of action, and disease state etiologies. Not only does this help the student or resident learn about managing a new or complex disease state, but also helps you cement the information you're learning much faster. Many residents decline precepting opportunities due to a lack of confidence early on in the residency year (trust us, we've been there), but we encourage you to take these opportunities when they are presented. You most likely know more than you give yourself credit for!

In-service Presentations

In-service presentations are a great way to incorporate a teaching experience into your residency year, especially if other opportunities (such as a teaching certificate program or precepting) are not available. In-service presentations are shorter presentations based on the needs and interests of your audience, and can be given to multidisciplinary teams, nurses, and staff pharmacists.

As a future clinical pharmacist, your primary role will be to serve as the medication expert; your day-to-day will likely include teaching your team and patients.

THE RESIDENT'S CUBICLE

This teaching opportunity is a beneficial way to practice disseminating information according to your target audience. For example, when giving an in-service presentation to nurses, you may focus on monitoring parameters, side effects, and drug administration while only briefly mentioning dosing and drug interactions. On the other hand, when providing an in-service presentation to staff pharmacists, it may be more beneficial to elaborate on dose adjustments, indications, drug interactions, and other nuances to help with order verification. In-service presentations can help further develop your teaching skills by challenging you to think of a topic from a different point of view and anticipate what information your audience may want to know.

Miscellaneous Teaching Experiences

There are a few other teaching opportunities that may be part of your residency program or about which you can ask your RPD and preceptor. One way to have a more formal teaching experience is to present an Accreditation Council for Pharmacy Education (ACPE) seminar. This accredited seminar can be presented to the pharma-

cy department at your hospital or through a third party (such as a pharmacy school or conference) where attendees received continuing education (CE) credit.

Some of the benefits of presenting an ACPE-accredited seminar include presenting to a larger audience, creating assessment questions to gauge audience comprehension, and becoming the expert on a topic. You will review current literature and comment on its application to clinical practice. Another way to get teaching experience is to reach out to faculty preceptors or mentors for the chance to teach a lecture during a pharmacy school course or lead a student seminar for students on rotation. These are both great ways to gain experience teaching students, further develop your teaching style, and learn more about a career in academia.

In summary, there are many ways to explore teaching opportunities as a pharmacy resident. Whether you are uncertain about your interest in teaching or hope to be a preceptor someday, we suggest including at least one of these experiences in your residency year. The skills you develop will undoubtedly help you in your future career. ●●



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A 2020 View on Updates in the Treatment of Lung Cancer

Lung cancer remains the deadliest form of cancer in the United States, accounting for approximately 135,720 deaths with an estimated 228,850 new cases in 2020.¹ Lung cancer can be classified as two major histological groups, small cell lung cancer (SCLC) and non-small cell lung cancer (NSCLC). Treatment of NSCLC has become dependent on molecular profiling since many cases harbor a driver genetic alterations, most notably mutations in the epidermal growth factor receptor (EGFR) or rearrangements of the anaplastic lymphoma kinase (ALK) gene and ROS1 genes.^{2,3} The year 2020 was a year of tremendous growth for lung cancer treatment with several new drug approvals and lung cancer trials maturing.



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Treatments Targeting ALK

ALK rearrangements are present in 3-5% of NSCLC and are effectively treated with ALK tyrosine kinase inhibitors (TKI).^{4,5,6}

Brigatinib

Brigatinib is a second-generation ALK TKI that was originally approved for the treatment of patients with metastatic ALK-positive NSCLC who had progressed on or were intolerant to crizotinib.^{7,8} Subsequently, brigatinib received approval as first-line therapy in ALK-positive metastatic NSCLC in May 2020 as a result of the ALTA-1L trial.^{9,10} This was an open-label trial, evaluating 275 patients with locally advanced or metastatic ALK-positive NSCLC who were naïve to ALK-targeting therapy. Patients were randomized to receive either brigatinib (n=137) or crizotinib (n=138).

The primary endpoint was progression-free survival (PFS). The estimated median PFS was 24.0 months (95% CI, 18.5 to not reached) in the brigatinib group compared to 11.0 months (95% CI, 9.2 to 12.9) in the crizotinib group [HR=0.49, (95% CI, 0.35 to 0.68); p<0.0001]. This benefit was consistent across subgroups, including those with baseline brain metastases.⁹ The NCCN clinical practice guidelines currently recommend brigatinib as a first-line option in patients with an ALK rearrangement.¹¹

Ensartinib

Ensartinib is a second-generation ALK TKI that was recently shown to be superior to crizotinib. Interim results of eXalt3 study, which was a randomized, open-label, phase III study was presented at the IASLC World Conference on Lung Cancer Virtual Presidential Symposium.¹² Ensartinib demonstrated a benefit in the primary endpoint, median PFS (25.8 months vs 12.7 months) with a 49% reduction in the risk of disease progression or death (HR=0.51, 95% CI, 0.35 to 0.72; p=0.0001) in patients with locally advanced or metastatic ALK-positive NSCLC who were naïve to ALK-targeting therapy.

Other efficacy outcomes, such as duration of response and overall survival were not yet mature, but favored ensartinib. In addition, ensartinib demonstrated CNS activity in a small subgroup. Ensartinib had similar rates of serious treatment-related adverse events (TRAEs) (8% vs 6%), dose reductions (24% vs 20%), and drug discontinuations (9% vs 7%) compared to crizotinib.¹² The

results of the eXalt3 study demonstrate ensartinib as a potential new first-line treatment option for patients with ALK-positive NSCLC.

Treatments Targeting EGFR

EGFR mutations have been found in up to 50% of Asian patients with NSCLC.¹³ Deletion in exon 19 (45%) and L858R point mutation in exon 21 (40%) are the two most common types of mutations found.^{14,15} EGFR TKIs have shown to be an effective treatment option for these patients.

Osimertinib

Osimertinib is a third-generation EGFR TKI that was approved as first-line therapy in patients with metastatic EGFR mutated NSCLC in 2018. This approval was based on results of the FLAURA trial, which was a double-blind, phase III trial that demonstrated an improvement in PFS with osimertinib compared to first-generation EGFR TKIs (gefitinib or erlotinib) in 556 patients with advanced EGFR mutated NSCLC. The median PFS was found to be 18.9 months and 10.2 months, respectively; HR=0.46; 95% CI, 0.37 to 0.57; p<0.001.¹⁶ Recently, long-term follow up of this study also demonstrated an improvement in OS with a median OS of 38.6 months in the osimertinib group compared to 31.8 months in the first-generation EGFR TKI group (HR=0.80, 95.05% CI, 0.64 to 1.00; p=0.046).¹⁷

After showing benefit in the advanced EGFR mutated NSCLC setting, osimertinib was investigated in the adjuvant setting. Recently, results of the ADAURA study were disseminated. This was a randomized, double-blinded, placebo-controlled phase III trial comparing osimertinib to placebo in patients with EGFR mutated NSCLC in the adjuvant setting. There was an 83% improvement in disease free survival (DFS) with the osimertinib group (HR=0.17, 95% CI, 0.12 to 0.23; p<0.0001) in stage II to IIIA patients. When patients with stage IB NSCLC were added to the analysis, osimertinib improved DFS by 79% (HR=0.21, 95% CI, 0.16 to 0.28; p<0.0001).¹⁸ These results demonstrate osimertinib effectiveness in the adjuvant setting with patients with EGFR mutated NSCLC.

Ramucirumab + Erlotinib

The combination of ramucirumab and erlotinib is the first approval of a vascular endothelial growth factor receptor (VEGFR) inhibitor with an EGFR TKI for first-line treatment of metastatic EGFR mutated NSCLC. The RELAY trial was a randomized, double-blind, placebo-controlled phase III trial investigating the addition of ramucirumab to erlotinib in treatment naïve, EGFR mutated, advanced NSCLC.

FEATURE (continued)

The primary endpoint of PFS was significantly longer in the combination group [19.4 months (95% CI, 15.4 to 21.6)] compared to the erlotinib alone group [12.4 months (95% CI, 11.0 to 13.5)] [HR=0.59 (95% CI, 0.46 to 0.76; $p < 0.0001$)]. Severe TRAEs were higher in the combination group compared to the erlotinib alone group (72% vs 54%). The most common severe TRAEs in the ramucirumab plus erlotinib group were hypertension (24%) and dermatitis acneiform (15%).¹⁹ Currently the combination of ramucirumab and erlotinib is an option for patients with advanced EGFR mutated NSCLC, but osimertinib is the preferred option according to the NCCN guidelines.¹¹

Treatments Targeting RET

RET rearrangements are less common than ALK rearrangements and EGFR mutations and have been reported to be present in 1-2% of NSCLC cases.²⁰

Selpercatinib

Selpercatinib is a novel, highly selective RET TKI that was granted accelerated approval by the FDA for adult patients with metastatic RET fusion-positive NSCLC and select patients with RET-mutant or RET fusion-positive thyroid cancer. This approval was based on the results of the LIBRETTO-001 study, which was a phase 1/2 trial that included patients 12 years of age or older with a RET positive advanced or metastatic solid tumor. Drilon and colleagues reported the results for 144 patients with NSCLC (39 previously untreated and 105 patients who had received at least platinum-based chemotherapy). Among the patients who had previously received treatment, many were heavily pretreated with a median of three previous treatments (range, 1 to 15) and over half previously received immunotherapy. Previously treated patients had an objective response rate of 64% (2% complete response) and a median duration of response of 17.5 months [95% CI, 12.0 to not estimable (NE)]. In the treatment naïve group, the objective response rate (ORR) was 85%. The median PFS was 16.5 months (95% CI, 13.7 to NE) in all patients. Selpercatinib was generally well tolerated with the most common TRAEs being dry mouth (36%), diarrhea (25%), increased liver enzymes (20-22%) and hypertension (17%). The most common severe TRAEs were hypertension (14%) and increased liver enzymes (6-9%). Four patients discontinued selpercatinib due to TRAEs.²¹ Selpercatinib is currently a preferred option for advanced NSCLC with a RET rearrangement.¹¹

Pralsetinib

Similar to selpercatinib, pralsetinib is a highly selective RET TKI that was granted accelerated approval by the FDA for adult patients with metastatic RET fusion-positive NSCLC. The phase I/II ARROW trial was a multicenter, open-label, multi-cohort clinical trial evaluating the use of pralsetinib in patients with advanced RET fusion-positive solid tumors. In a recent report, 87 NSCLC patients previously treated with platinum-based chemotherapy had an ORR of 57% (95% CI, 46% to 68%). Median duration of response was not estimable (95% CI, 15.2 months to not estimable). The ORR was 70% (95% CI, 50% to 86%) with a median duration of response

of 9.0 months (95% CI, 6.3 months to not estimable) in 27 treatment-naïve patients who were ineligible for platinum-based chemotherapy. The most common TRAEs included increased aspartate aminotransferase (31%), anemia (22%), increased alanine aminotransferase (21%), constipation (21%) and hypertension (20%). Four percent of patients discontinued pralsetinib due to TRAEs.^{22,23} Pralsetinib is currently a preferred option for advanced NSCLC with a RET rearrangement.¹¹

Treatments Targeting Mesenchymal-epithelial transition (MET)

Recently, MET has presented itself as another actionable target mutation. MET exon 14 skipping mutations occur in 3-4% of NSCLC patients and MET amplification occurs in 1-6% of NSCLC patients.^{24,25}

Capmatinib

Capmatinib is a potent, selective MET TKI that was granted accelerated approval by the FDA for adult patients with metastatic NSCLC whose tumors have a mutation that leads to MET exon 14 skipping. This approval was based on the GEOMETRY mono-1 study, which was an open-label, multiple-cohort, phase 2 study that investigated the use of capmatinib in patients with advanced NSCLC with a MET exon 14 skipping mutation or MET amplification.

The primary end point was ORR, which was 68% (95% CI, 48 to 84) in 28 patients who were treatment naïve and 41% (95% CI, 29 to 53) in 69 patients who were previously treated. Median duration of response was 12.6 months (95% CI, 5.6 not estimable) and 9.7 months (95% CI, 5.6 to 13.0), respectively. Median PFS was 12.4 months (95% CI, 8.2 to not estimable) and 5.4 months (95% CI, 4.2 to 7.0), respectively. There was a limited response in previously treated patients with MET amplification who had a gene copy number of <10 (ORR = 7-12%). The most commonly reported adverse events were peripheral edema (51%), nausea (45%), increase serum creatinine (24%) and dyspnea (23%), which were mostly of grade 1 or 2.²⁶ Capmatinib is currently the preferred option for advanced NSCLC with a MET mutation.¹¹

Tepotinib

Tepotinib is a selective MET inhibitor that was recently shown to be efficacious in advanced NSCLC patients with MET exon 14 skipping mutations. The VISION study was a multicohort, open-label, phase II study evaluating tepotinib in advanced NSCLC patients with MET alterations. One hundred and fifty-two patients were treated with tepotinib (safety population) and out of these, 99 had a confirmed biopsy (liquid or tumor) and at least 9 months of follow-up (efficacy population).

The primary end point was confirmed ORR, which was 46% (95% CI, 36 to 57) with no complete responses. Responses were similar in both biopsy groups, 48% (95% CI, 36 to 61) in the liquid biopsy group and 50% (95% CI, 37 to 63) in the tissue biopsy group. Median PFS was 8.5 months (95% CI, 6.7 to 11.0). The most commonly reported adverse events were peripheral edema (63%), nausea (26%) and diarrhea (22%) with 7% of patients experiencing

severe peripheral edema. The VISION study demonstrated tepotinib to be a well-tolerated efficacious agent for advanced NSCLC patients with MET exon 14 skipping mutation.²⁷

Lurbinectedin for SCLC

Lurbinectedin is an alkylating agent and a selective inhibitor of oncogenic transcription, which binds preferentially to guanines located in the GC-rich regulatory areas of DNA gene promoters leading to tumor cell apoptosis. It was granted accelerated approval for adult patients with metastatic SCLC with disease progression on or after platinum-based chemotherapy.

In a single-arm, open-label, phase II basket trial, lurbinectedin demonstrated an overall response of 35.2% (95% CI, 26.2 to 45.2) in 105 patients who were pre-treated with only one previous chemotherapy containing treatment line (immunotherapy was allowed). The most common adverse events observed were anemia (87%), elevated creatinine (83%), elevated alanine aminotransferase (67%), leucopenia (50%), elevated γ -glutamyl transferase (50%), fatigue (50%), elevated aspartate aminotransferase (43%), and thrombocytopenia (37%). Severe adverse events were mostly hematological.²⁸ Lurbinectedin is currently the preferred regimen for SCLC patients who have relapsed within 6 months of first line treatment.²⁹

Durvalumab for SCLC

Durvalumab is a PD-L1 inhibitor, which was approved as first-line treatment of patients with extensive-stage SCLC in combination with etoposide and a platinum agent. The CASPIAN trial was a randomized, open-label, phase III trial that investigated durvalumab in treatment naïve extensive-stage SCLC. Durvalumab plus platinum etoposide demonstrated a significant improvement in OS compared to platinum etoposide alone [HR = 0.73 (95% CI, 0.59 to 0.91; $p=0.0047$)]; median OS of 13.0 months (95% CI, 11.5 to 14.8) vs 10.3 months (95% CI, 9.3 to 11.2). The rate of severe adverse events was similar in the two groups.³⁰ Durvalumab plus platinum etoposide is currently a preferred first line regimen for extensive-stage SCLC patients.²⁹

Immunotherapy for NSCLC

Immunotherapy has become the mainstay of treatment for patients with NSCLC in the absence of a driver mutation.¹¹ Several approvals

with various immunotherapy agents have occurred in this patient population in 2020:

- Nivolumab plus ipilimumab was approved as first-line treatment for patients with metastatic NSCLC whose tumors express $\geq 1\%$ PD-L1 with no EGFR or ALK genomic tumor aberrations.³¹
- Atezolizumab was approved as first-line treatment of adult patients with metastatic NSCLC whose tumors have high PD-L1 expression (PD-L1 stained $\geq 50\%$ of tumor cells [$\geq 50\%$] or PD-L1 stained tumor-infiltrating immune cells [IC] covering $\geq 10\%$ of the tumor area [IC $\geq 10\%$]), with no EGFR or ALK genomic tumor aberrations.³²
- Nivolumab plus ipilimumab was approved with 2 cycles of platinum doublet chemotherapy as first-line treatment for patients with metastatic or recurrent NSCLC with no EGFR or ALK genomic tumor aberrations.³³

Data from the phase III ORIENT-11 trial was recently presented at the IASLC Virtual Presidential Symposium 2020. This trial demonstrated sintilimab, an anti-PD-1 inhibitor, when added to pemetrexed and platinum-based therapy significantly improved PFS compared to chemotherapy alone in patients with locally advanced or metastatic nonsquamous NSCLC. Median PFS was 8.9 months (95% CI, 7.1 to 11.3) compared to 5.0 months (95% CI, 4.8 to 6.2), respectively (HR=0.482, 95% CI, 0.362 to 0.643]; $p<0.00001$). This benefit was seen across all subgroups and increased with higher PD-L1 tumor expression. Sintilimab was well tolerated, with similar incidence of overall adverse events (AEs; 99.6% vs 100%), severe adverse events (61.7% vs 58.8%), and adverse events leading to treatment discontinuation (6.0% vs 8.4%).³⁴ Sintilimab provides a treatment option for patients with nonsquamous NSCLC with no EGFR mutations or ALK rearrangements, where treatment options are limited.

Conclusion

A plethora of much-needed, new treatment options and approvals for lung cancer have occurred in 2020. These include various oral TKIs for driver mutations, as well as combination immunotherapy treatments. As further data matures, the treatment paradigm for SCLC and NSCLC will continue to shift and improve patient outcomes. ●●

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DARZALEX FASPRO™ (daratumumab and hyaluronidase-fihj):
subcutaneous administration in ~3 to 5 minutes¹

SAME POWERFUL EFFICACY.
FASTER ADMINISTRATION.^{1,2*}

Approved across 5 indications spanning a wide range
of multiple myeloma patients¹

INDICATIONS

DARZALEX FASPRO™ is indicated for the treatment of adult patients with multiple myeloma:

- in combination with bortezomib, melphalan and prednisone in newly diagnosed patients who are ineligible for autologous stem cell transplant
- in combination with lenalidomide and dexamethasone in newly diagnosed patients who are ineligible for autologous stem cell transplant and in patients with relapsed or refractory multiple myeloma who have received at least one prior therapy
- in combination with bortezomib and dexamethasone in patients who have received at least one prior therapy
- as monotherapy, in patients who have received at least three prior lines of therapy including a proteasome inhibitor (PI) and an immunomodulatory agent or who are double-refractory to a PI and an immunomodulatory agent

IMPORTANT SAFETY INFORMATION

CONTRAINDICATIONS

DARZALEX FASPRO™ (daratumumab and hyaluronidase-fihj) is contraindicated in patients with a history of severe hypersensitivity to daratumumab, hyaluronidase or any of the components of the formulation.

WARNINGS AND PRECAUTIONS

Hypersensitivity and Other Administration Reactions

Both systemic administration-related reactions, including severe or life-threatening reactions, and local injection-site reactions can occur with DARZALEX FASPRO™.

Systemic Reactions

In a pooled safety population of 490 patients who received DARZALEX FASPRO™ as monotherapy or in combination, 11% of patients experienced a systemic administration-related

reaction (Grade 2: 3.9%, Grade 3: 1.4%). Systemic administration-related reactions occurred in 10% of patients with the first injection, 0.2% with the second injection, and cumulatively 0.8% with subsequent injections. The median time to onset was 3.7 hours (range: 9 minutes to 3.5 days). Of the 84 systemic administration-related reactions that occurred in 52 patients, 73 (87%) occurred on the day of DARZALEX FASPRO™ administration. Delayed systemic administration-related reactions have occurred in less than 1% of the patients.

Severe reactions included hypoxia, dyspnea, hypertension and tachycardia. Other signs and symptoms of systemic administration-related reactions may include respiratory symptoms, such as bronchospasm, nasal congestion, cough, throat irritation, allergic rhinitis, and wheezing, as well as anaphylactic reaction, pyrexia, chest pain, pruritis, chills, vomiting, nausea, and hypotension.

Pre-medicate patients with histamine-1 receptor antagonist, acetaminophen and corticosteroids. Monitor patients for systemic administration-related reactions, especially following the first and second injections. For anaphylactic reaction or life-threatening (Grade 4) administration-related reactions, immediately and permanently discontinue DARZALEX FASPRO™. Consider administering corticosteroids and other medications after the administration of DARZALEX FASPRO™ depending on dosing regimen and medical history to minimize the risk of delayed (defined as occurring the day after administration) systemic administration-related reactions.

Local Reactions

In this pooled safety population, injection-site reactions occurred in 8% of patients, including Grade 2 reactions in 0.6%. The most frequent (>1%) injection-site reaction was injection site erythema. These local reactions occurred a median of 7 minutes (range: 0 minutes to 4.7 days) after starting administration of DARZALEX FASPRO™. Monitor for local reactions and consider symptomatic management.

DARZALEX FASPRO™: For a strong start to their treatment journey

~3 to 5 minute administration

- Subcutaneous injection is **substantially faster** than intravenous daratumumab^{1,2}

The recommended dose of DARZALEX FASPRO™ is 1,800 mg daratumumab and 30,000 units hyaluronidase administered subcutaneously over ~3 to 5 minutes. **DARZALEX FASPRO™ is for subcutaneous use only. Do not administer intravenously.**¹

See the Dosage and Administration section of the Prescribing Information for dosing considerations and dosing schedules for approved regimens.

See **Important Safety Information** below for hypersensitivity and administration reactions, pre-medication and post-medication requirements, and other important considerations for use of DARZALEX FASPRO™.



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Contact your Oncology Specialist to learn more about DARZALEX FASPRO™

Efficacy consistent with intravenous daratumumab

- DARZALEX FASPRO™** demonstrated a **non-inferior overall response rate (ORR)** vs intravenous daratumumab in an open-label, randomized study assessing monotherapy in 522 patients¹
 - ORR was 41% (95% CI: 35%, 47%) for DARZALEX FASPRO™ (n=263) and 37% (95% CI: 31%, 43%) for intravenous daratumumab (n=259)¹
 - Eligible patients were required to have relapsed or refractory multiple myeloma who had received ≥3 prior lines of therapy including a proteasome inhibitor (PI) and an immunomodulatory agent or who were double-refractory to a PI and an immunomodulatory agent¹
- In a single arm of a multicohort, open-label trial, **DARZALEX FASPRO™ with lenalidomide and dexamethasone (DRd)** was evaluated in 65 patients with multiple myeloma who had received ≥1 prior multiple myeloma therapy. The **ORR was 91%** (95% CI: 81%, 97%)¹
- In a single arm of a multicohort, open-label trial, **DARZALEX FASPRO™ with bortezomib, melphalan, and prednisone (DVMP)** was evaluated in 67 patients with newly diagnosed multiple myeloma who were ineligible for a transplant. The **ORR was 88%** (95% CI: 78%, 95%)¹

Fewer systemic ARRs vs intravenous daratumumab

- Nearly **3x reduction in systemic administration-related reactions[†] (ARRs)** with DARZALEX FASPRO™ vs intravenous daratumumab observed in the COLUMBA trial (13% of patients on DARZALEX FASPRO™ had a systemic ARR of any grade vs 34% with intravenous daratumumab)^{1,3}
- Both systemic ARRs, including severe or life-threatening reactions, and local injection-site reactions can occur with DARZALEX FASPRO™. See Important Safety Information for more details¹

[†]For intravenous daratumumab, median durations of 16 mg/kg infusions for the first, second, and subsequent infusions were approximately 7, 4, and 3 hours, respectively.²

¹In clinical trials of DARZALEX FASPRO™, DARZALEX® (daratumumab), and the Prescribing Information for DARZALEX®, the term "infusion reactions" was used instead of "systemic administration-related reactions."

Neutropenia

Daratumumab may increase neutropenia induced by background therapy. Monitor complete blood cell counts periodically during treatment according to manufacturer's prescribing information for background therapies. Monitor patients with neutropenia for signs of infection. Consider withholding DARZALEX FASPRO™ until recovery of neutrophils. In lower body weight patients receiving DARZALEX FASPRO™, higher rates of Grade 3-4 neutropenia were observed.

Thrombocytopenia

Daratumumab may increase thrombocytopenia induced by background therapy. Monitor complete blood cell counts periodically during treatment according to manufacturer's prescribing information for background therapies. Consider withholding DARZALEX FASPRO™ until recovery of platelets.

Embryo-Fetal Toxicity

Based on the mechanism of action, DARZALEX FASPRO™ can cause fetal harm when administered to a pregnant woman. DARZALEX FASPRO™ may cause depletion of fetal immune cells and decreased bone density. Advise pregnant women of the potential risk to a fetus. Advise females with reproductive potential to use effective contraception during treatment with DARZALEX FASPRO™ and for 3 months after the last dose.

The combination of DARZALEX FASPRO™ with lenalidomide is contraindicated in pregnant women, because lenalidomide may cause birth defects and death of the unborn child. Refer to the lenalidomide prescribing information on use during pregnancy.

Interference with Serological Testing

Daratumumab binds to CD38 on red blood cells (RBCs) and results in a positive Indirect Antiglobulin Test (Indirect Coombs test). Daratumumab-mediated positive indirect antiglobulin test may persist for up to 6 months after the last daratumumab administration. Daratumumab bound to RBCs masks detection of antibodies to minor antigens in the patient's serum. The determination of a patient's ABO and Rh blood type are not impacted.

Notify blood transfusion centers of this interference with serological testing and inform blood banks that a patient has received DARZALEX FASPRO™. Type and screen patients prior to starting DARZALEX FASPRO™.

Interference with Determination of Complete Response

Daratumumab is a human IgG kappa monoclonal antibody that can be detected on both the serum protein electrophoresis (SPE) and immunofixation (IFE) assays used for the clinical monitoring of endogenous M-protein. This interference can impact the determination of complete response and of disease progression in some DARZALEX FASPRO™-treated patients with IgG kappa myeloma protein.

ADVERSE REACTIONS

The most common adverse reaction (≥20%) with DARZALEX FASPRO™ monotherapy is: upper respiratory tract infection. The most common adverse reactions with combination therapy (≥20% for any combination) include fatigue, nausea, diarrhea, dyspnea, insomnia, pyrexia, cough, muscle spasms, back pain, vomiting, upper respiratory tract infection, peripheral sensory neuropathy, constipation, and pneumonia.

The most common hematology laboratory abnormalities (≥40%) with DARZALEX FASPRO™ are: decreased leukocytes, decreased lymphocytes, decreased neutrophils, decreased platelets, and decreased hemoglobin.

Please see Brief Summary on adjacent pages.

cp-143279v1

References: 1. DARZALEX FASPRO™ [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc. 2. DARZALEX® [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc. 3. Mateos M-V, Nahi H, Legiec W, et al. Subcutaneous versus intravenous daratumumab in patients with relapsed or refractory multiple myeloma [COLUMBA]: a multicentre, open-label, non-inferiority, randomised, phase 3 trial. *Lancet Haematol*. 2020. doi: 10.1016/S2352-3026(20)30070-3. [Epub ahead of print]

DARZALEX FASPRO™ (daratumumab and hyaluronidase-fihj) injection, for subcutaneous use

Brief Summary of Full Prescribing Information

INDICATIONS AND USAGE

DARZALEX FASPRO is indicated for the treatment of adult patients with multiple myeloma:

- in combination with bortezomib, melphalan and prednisone in newly diagnosed patients who are ineligible for autologous stem cell transplant.
- in combination with lenalidomide and dexamethasone in newly diagnosed patients who are ineligible for autologous stem cell transplant and in patients with relapsed or refractory multiple myeloma who have received at least one prior therapy.
- in combination with bortezomib and dexamethasone in patients who have received at least one prior therapy.
- as monotherapy, in patients who have received at least three prior lines of therapy including a proteasome inhibitor (PI) and an immunomodulatory agent or who are double-refractory to a PI and an immunomodulatory agent.

CONTRAINDICATIONS

DARZALEX FASPRO is contraindicated in patients with a history of severe hypersensitivity to daratumumab, hyaluronidase or any of the components of the formulation [see *Warnings and Precautions* and *Adverse Reactions*].

WARNINGS AND PRECAUTIONS

Hypersensitivity and Other Administration Reactions

Both systemic administration-related reactions, including severe or life-threatening reactions, and local injection-site reactions can occur with DARZALEX FASPRO.

Systemic Reactions

In a pooled safety population of 490 patients who received DARZALEX FASPRO as monotherapy or in combination, 11% of patients experienced a systemic administration-related reaction (Grade 2: 3.9%, Grade 3: 1.4%). Systemic administration-related reactions occurred in 10% of patients with the first injection, 0.2% with the second injection, and cumulatively 0.8% with subsequent injections. The median time to onset was 3.7 hours (range: 9 minutes to 3.5 days). Of the 84 systemic administration-related reactions that occurred in 52 patients, 73 (87%) occurred on the day of DARZALEX FASPRO administration. Delayed systemic administration-related reactions have occurred in less than 1% of the patients.

Severe reactions included hypoxia, dyspnea, hypertension and tachycardia. Other signs and symptoms of systemic administration-related reactions may include respiratory symptoms, such as bronchospasm, nasal congestion, cough, throat irritation, allergic rhinitis, and wheezing, as well as anaphylactic reaction, pyrexia, chest pain, pruritis, chills, vomiting, nausea, and hypotension.

Pre-medicate patients with histamine-1 receptor antagonist, acetaminophen and corticosteroids [see *Dosage and Administration (2.3) in Full Prescribing Information*]. Monitor patients for systemic administration-related reactions, especially following the first and second injections. For anaphylactic reaction or life-threatening (Grade 4) administration-related reactions, immediately and permanently discontinue DARZALEX FASPRO. Consider administering corticosteroids and other medications after the administration of DARZALEX FASPRO depending on dosing regimen and medical history to minimize the risk of delayed (defined as occurring the day after administration) systemic administration-related reactions [see *Dosage and Administration (2.3) in Full Prescribing Information*].

Local Reactions

In this pooled safety population, injection-site reactions occurred in 8% of patients, including Grade 2 reactions in 0.6%. The most frequent (>1%) injection-site reaction was injection site erythema. These local reactions occurred a median of 7 minutes (range: 0 minutes to 4.7 days) after starting administration of DARZALEX FASPRO. Monitor for local reactions and consider symptomatic management.

Neutropenia

Daratumumab may increase neutropenia induced by background therapy [see *Adverse Reactions*].

Monitor complete blood cell counts periodically during treatment according to manufacturer's prescribing information for background therapies. Monitor patients with neutropenia for signs of infection. Consider withholding DARZALEX FASPRO until recovery of neutrophils. In lower body weight patients receiving DARZALEX FASPRO, higher rates of Grade 3-4 neutropenia were observed.

Thrombocytopenia

Daratumumab may increase thrombocytopenia induced by background therapy [see *Adverse Reactions*].

Monitor complete blood cell counts periodically during treatment according to manufacturer's prescribing information for background therapies. Consider withholding DARZALEX FASPRO until recovery of platelets.

Embryo-Fetal Toxicity

Based on the mechanism of action, DARZALEX FASPRO can cause fetal harm when administered to a pregnant woman. DARZALEX FASPRO may cause depletion of fetal immune cells and decreased bone density. Advise pregnant women of the potential risk to a fetus. Advise females with reproductive

DARZALEX FASPRO™ (daratumumab and hyaluronidase-fihj) injection

potential to use effective contraception during treatment with DARZALEX FASPRO and for 3 months after the last dose [see *Use in Specific Populations*]. The combination of DARZALEX FASPRO with lenalidomide is contraindicated in pregnant women, because lenalidomide may cause birth defects and death of the unborn child. Refer to the lenalidomide prescribing information on use during pregnancy.

Interference with Serological Testing

Daratumumab binds to CD38 on red blood cells (RBCs) and results in a positive Indirect Antiglobulin Test (Indirect Coombs test). Daratumumab-mediated positive indirect antiglobulin test may persist for up to 6 months after the last daratumumab administration. Daratumumab bound to RBCs masks detection of antibodies to minor antigens in the patient's serum [see *References*]. The determination of a patient's ABO and Rh blood type are not impacted [see *Drug Interactions*].

Notify blood transfusion centers of this interference with serological testing and inform blood banks that a patient has received DARZALEX FASPRO. Type and screen patients prior to starting DARZALEX FASPRO [see *Dosage and Administration (2.1) in Full Prescribing Information*].

Interference with Determination of Complete Response

Daratumumab is a human IgG kappa monoclonal antibody that can be detected on both the serum protein electrophoresis (SPE) and immunofixation (IFE) assays used for the clinical monitoring of endogenous M-protein [see *Drug Interactions*]. This interference can impact the determination of complete response and of disease progression in some DARZALEX FASPRO-treated patients with IgG kappa myeloma protein.

ADVERSE REACTIONS

The following clinically significant adverse reactions are described elsewhere in the labeling:

- Hypersensitivity and Other Administration Reactions [see *Warning and Precautions*].
- Neutropenia [see *Warning and Precautions*].
- Thrombocytopenia [see *Warning and Precautions*].

Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

Newly Diagnosed Multiple Myeloma

In Combination with Bortezomib, Melphalan and Prednisone
The safety of DARZALEX FASPRO with bortezomib, melphalan and prednisone (D-VMP) was evaluated in a single-arm cohort of PLEIADES [see *Clinical Studies (14.1) in Full Prescribing Information*]. Patients received DARZALEX FASPRO 1,800 mg/30,000 units administered subcutaneously once weekly from weeks 1 to 6, once every 3 weeks from weeks 7 to 54 and once every 4 weeks starting with week 55 until disease progression or unacceptable toxicity (N=67) in combination with bortezomib, melphalan and prednisone. Among these patients, 93% were exposed for 6 months or longer and 19% were exposed for greater than one year.

Serious adverse reactions occurred in 39% of patients who received DARZALEX FASPRO. Serious adverse reactions in >5% of patients included pneumonia and pyrexia. Fatal adverse reactions occurred in 3.0% of patients.

Permanent discontinuation of DARZALEX FASPRO due to an adverse reaction occurred in 4.5% of patients. The adverse reaction resulting in permanent discontinuation of DARZALEX FASPRO in more than 1 patient was neutropenic sepsis.

Dosage interruptions (defined as dose delays or skipped doses) due to an adverse reaction occurred in 51% of patients who received DARZALEX FASPRO. Adverse reactions requiring dosage interruptions in >5% of patients included thrombocytopenia, neutropenia, anemia, and pneumonia.

The most common adverse reactions (≥20%) were upper respiratory tract infection, constipation, nausea, fatigue, pyrexia, peripheral sensory neuropathy, diarrhea, cough, insomnia, vomiting, and back pain.

Table 1 summarizes the adverse reactions in patients who received DARZALEX FASPRO with bortezomib, melphalan and prednisone (D-VMP) in PLEIADES.

Table 1: Adverse Reactions (≥10%) in Patients Who Received DARZALEX FASPRO with Bortezomib, Melphalan and Prednisone (D-VMP) in PLEIADES

Adverse Reaction	DARZALEX FASPRO with Bortezomib, Melphalan and Prednisone (N=67)	
	All Grades (%)	Grades ≥3 (%)
Infections		
Upper respiratory tract infection ^a	39	0
Bronchitis	16	0
Pneumonia ^b	15	7 [#]

Table 1: Adverse Reactions (≥10% in Patients Who Received DARZALEX FASPRO with Bortezomib, Melphalan and Prednisone (D-VMP) in PLEIADES (continued)

Adverse Reaction	DARZALEX FASPRO with Bortezomib, Melphalan and Prednisone (N=67)	
	All Grades (%)	Grades ≥3 (%)
Gastrointestinal disorders		
Constipation	37	0
Nausea	36	0
Diarrhea	33	3 [#]
Vomiting	21	0
Abdominal pain ^c	13	0
General disorders and administration site conditions		
Fatigue ^d	36	3
Pyrexia	34	0
Edema peripheral ^e	13	1 [#]
Nervous system disorders		
Peripheral sensory neuropathy	34	1 [#]
Dizziness	10	0
Respiratory, thoracic and mediastinal disorders		
Cough ^f	24	0
Psychiatric disorders		
Insomnia	22	3 [#]
Musculoskeletal and connective tissue disorders		
Back pain	21	3 [#]
Musculoskeletal chest pain	12	0
Metabolism and nutrition disorders		
Decreased appetite	15	1 [#]
Skin and subcutaneous tissue disorders		
Rash	13	0
Pruritus	12	0
Vascular disorders		
Hypertension	13	6 [#]
Hypotension	10	3 [#]

^a Upper respiratory tract infection includes nasopharyngitis, respiratory syncytial virus infection, respiratory tract infection, rhinitis, tonsillitis, upper respiratory tract infection, and viral pharyngitis.

^b Pneumonia includes lower respiratory tract infection, lung infection, pneumocystis jirovecii pneumonia, pneumonia, and pneumonia bacterial.

^c Abdominal pain includes abdominal pain, and abdominal pain upper.

^d Fatigue includes asthenia, and fatigue.

^e Edema peripheral includes edema, edema peripheral, and peripheral swelling.

^f Cough includes cough, and productive cough.

[#] Only grade 3 adverse reactions occurred.

Clinically relevant adverse reactions in <10% of patients who received DARZALEX FASPRO with bortezomib, melphalan and prednisone (D-VMP) include:

- **General disorders and administration site conditions:** infusion reaction, injection site reaction, chills
- **Infections:** herpes zoster, urinary tract infection, influenza, sepsis
- **Musculoskeletal and connective tissue disorders:** arthralgia, muscle spasms
- **Nervous system disorders:** headache, paresthesia
- **Metabolism and nutrition disorders:** hypocalcemia, hyperglycemia
- **Respiratory, thoracic and mediastinal disorders:** dyspnea, pulmonary edema
- **Cardiac disorders:** atrial fibrillation

Table 2 summarizes the laboratory abnormalities in patients who received DARZALEX FASPRO with bortezomib, melphalan and prednisone (D-VMP) in PLEIADES.

Table 2: Select Hematology Laboratory Abnormalities Worsening from Baseline in Patients Who Received DARZALEX FASPRO with Bortezomib, Melphalan and Prednisone (D-VMP) in PLEIADES

Laboratory Abnormality	DARZALEX FASPRO with Bortezomib, Melphalan and Prednisone ^a	
	All Grades (%)	Grades 3-4 (%)
Decreased leukocytes	96	52
Decreased lymphocytes	93	84
Decreased platelets	93	42
Decreased neutrophils	88	49
Decreased hemoglobin	48	19

^a Denominator is based on the safety population treated with D-VMP (N=67).

Relapsed/Refractory Multiple Myeloma

In Combination with Lenalidomide and Dexamethasone

The safety of DARZALEX FASPRO with lenalidomide and dexamethasone (D-Rd) was evaluated in a single-arm cohort of PLEIADES [see *Clinical Studies (14.2) in Full Prescribing Information*]. Patients received DARZALEX FASPRO 1,800 mg/30,000 units administered subcutaneously once weekly from weeks 1 to 8, once every 2 weeks from weeks 9 to 24 and once every 4 weeks starting with week 25 until disease progression or unacceptable toxicity (N=65) in combination with lenalidomide and dexamethasone. Among these patients, 92% were exposed for 6 months or longer and 20% were exposed for greater than one year.

Serious adverse reactions occurred in 48% of patients who received DARZALEX FASPRO. Serious adverse reactions in >5% of patients included pneumonia, influenza and diarrhea. Fatal adverse reactions occurred in 3.1% of patients.

Permanent discontinuation of DARZALEX FASPRO due to an adverse reaction occurred in 11% of patients who received DARZALEX FASPRO. Adverse reactions resulting in permanent discontinuation of DARZALEX FASPRO in more than 1 patient were pneumonia and anemia.

Dosage interruptions due to an adverse reaction occurred in 63% of patients who received DARZALEX FASPRO. Adverse reactions requiring dosage interruptions in >5% of patients included neutropenia, pneumonia, upper respiratory tract infection, influenza, dyspnea, and blood creatinine increased. The most common adverse reactions (≥20%) were fatigue, diarrhea, upper respiratory tract infection, muscle spasms, constipation, pyrexia, pneumonia, and dyspnea.

Table 3 summarizes the adverse reactions in patients who received DARZALEX FASPRO with lenalidomide and dexamethasone (D-Rd) in PLEIADES.

Table 3: Adverse Reactions (≥10% in Patients Who Received DARZALEX FASPRO with Lenalidomide and Dexamethasone (D-Rd) in PLEIADES

Adverse Reaction	DARZALEX FASPRO with Lenalidomide and Dexamethasone (N=65)	
	All Grades (%)	Grades ≥3 (%)
General disorders and administration site conditions		
Fatigue ^a	52	5 [#]
Pyrexia	23	2 [#]
Edema peripheral	18	3 [#]
Gastrointestinal disorders		
Diarrhea	45	5 [#]
Constipation	26	2 [#]
Nausea	12	0
Vomiting	11	0
Infections		
Upper respiratory tract infection ^b	43	3 [#]
Pneumonia ^c	23	17
Bronchitis ^d	14	2 [#]
Urinary tract infection	11	0
Musculoskeletal and connective tissue disorders		
Muscle spasms	31	2 [#]
Back pain	14	0
Respiratory, thoracic and mediastinal disorders		
Dyspnea ^e	22	3
Cough ^f	14	0
Nervous system disorders		
Peripheral sensory neuropathy	17	2 [#]
Psychiatric disorders		
Insomnia	17	5 [#]
Metabolism and nutrition disorders		
Hyperglycemia	12	9 [#]
Hypocalcemia	11	0

^a Fatigue includes asthenia, and fatigue.

^b Upper respiratory tract infection includes nasopharyngitis, pharyngitis, respiratory tract infection viral, rhinitis, sinusitis, upper respiratory tract infection, and upper respiratory tract infection bacterial.

^c Pneumonia includes lower respiratory tract infection, lung infection, and pneumonia.

^d Bronchitis includes bronchitis, and bronchitis viral.

^e Dyspnea includes dyspnea, and dyspnea exertional.

^f Cough includes cough, and productive cough.

[#] Only grade 3 adverse reactions occurred.

Clinically relevant adverse reactions in <10% of patients who received DARZALEX FASPRO with lenalidomide and dexamethasone (D-Rd) include:

- **Musculoskeletal and connective tissue disorders:** arthralgia, musculoskeletal chest pain
- **Nervous system disorders:** dizziness, headache, paresthesia
- **Skin and subcutaneous tissue disorders:** rash, pruritus
- **Gastrointestinal disorders:** abdominal pain
- **Infections:** influenza, sepsis, herpes zoster
- **Metabolism and nutrition disorders:** decreased appetite
- **Cardiac disorders:** atrial fibrillation
- **General disorders and administration site conditions:** chills, infusion reaction, injection site reaction
- **Vascular disorders:** hypotension, hypertension

Table 4 summarizes the laboratory abnormalities in patients who received DARZALEX FASPRO with lenalidomide and dexamethasone (D-Rd) in PLEIADES.

Table 4: Select Hematology Laboratory Abnormalities Worsening from Baseline in Patients Who Received DARZALEX FASPRO with Lenalidomide and Dexamethasone (D-Rd) in PLEIADES

Laboratory Abnormality	DARZALEX FASPRO with Lenalidomide and Dexamethasone ^a	
	All Grades (%)	Grades 3-4 (%)
Decreased leukocytes	94	34
Decreased lymphocytes	82	58
Decreased platelets	86	9
Decreased neutrophils	89	52
Decreased hemoglobin	45	8

^a Denominator is based on the safety population treated with D-Rd (N=65).

Monotherapy

The safety of DARZALEX FASPRO as monotherapy was evaluated in COLUMBA [see Clinical Trials (14.2) in Full Prescribing Information]. Patients received DARZALEX FASPRO 1,800 mg/30,000 units administered subcutaneously or daratumumab 16 mg/kg administered intravenously; each administered once weekly from weeks 1 to 8, once every 2 weeks from weeks 9 to 24 and once every 4 weeks starting with week 25 until disease progression or unacceptable toxicity. Among patients receiving DARZALEX FASPRO, 37% were exposed for 6 months or longer and 1% were exposed for greater than one year.

Serious adverse reactions occurred in 26% of patients who received DARZALEX FASPRO. Fatal adverse reactions occurred in 5% of patients. Fatal adverse reactions occurring in more than 1 patient were general physical health deterioration, septic shock, and respiratory failure.

Permanent discontinuation due to an adverse reaction occurred in 10% of patients who received DARZALEX FASPRO. Adverse reactions resulting in permanent discontinuation of DARZALEX FASPRO in more than 2 patients were thrombocytopenia and hypercalcemia.

Dosage interruptions due to an adverse reaction occurred in 26% of patients who received DARZALEX FASPRO. Adverse reactions requiring dosage interruption in >5% of patients included thrombocytopenia.

The most common adverse reaction (≥20%) was upper respiratory tract infection.

Table 5 summarizes the adverse reactions in COLUMBA.

Table 5: Adverse Reactions (≥10%) in Patients Who Received DARZALEX FASPRO or Intravenous Daratumumab in COLUMBA

Adverse Reaction	DARZALEX FASPRO (N=260)		Intravenous Daratumumab (N=258)	
	All Grades (%)	Grade ≥3 (%)	All Grades (%)	Grade ≥3 (%)
Infections				
Upper respiratory tract infection ^a	24	1 [#]	22	1 [#]
Pneumonia ^b	8	5	10	6 [@]
Gastrointestinal disorders				
Diarrhea	15	1 [#]	11	0.4 [#]
Nausea	8	0.4 [#]	11	0.4 [#]
General disorders and administration site conditions				
Fatigue ^c	15	1 [#]	16	2 [#]
Infusion reactions ^d	13	2 [#]	34	5 [#]
Pyrexia	13	0	13	1 [#]
Chills	6	0.4 [#]	12	1 [#]
Musculoskeletal and connective tissue disorders				
Back pain	10	2 [#]	12	3 [#]
Respiratory, thoracic and mediastinal disorders				
Cough ^e	9	1 [#]	14	0
Dyspnea ^f	6	1 [#]	11	1 [#]

- ^a Upper respiratory tract infection includes acute sinusitis, nasopharyngitis, pharyngitis, respiratory syncytial virus infection, respiratory tract infection, rhinitis, rhinovirus infection, sinusitis, and upper respiratory tract infection.
- ^b Pneumonia includes lower respiratory tract infection, lung infection, pneumocystis jirovecii pneumonia, and pneumonia.
- ^c Fatigue includes asthenia, and fatigue.
- ^d Infusion reactions includes terms determined by investigators to be related to infusion.
- ^e Cough includes cough, and productive cough.
- ^f Dyspnea includes dyspnea, and dyspnea exertional.
- [#] Only grade 3 adverse reactions occurred.
- [@] Grade 5 adverse reactions occurred.

Clinically relevant adverse reactions in <10% of patients who received DARZALEX FASPRO include:

- **General disorders and administration site conditions:** injection site reaction, peripheral edema
- **Musculoskeletal and connective tissue disorders:** arthralgia, musculoskeletal chest pain, muscle spasms
- **Gastrointestinal disorders:** constipation, vomiting, abdominal pain,
- **Metabolism and nutrition disorders:** decreased appetite, hyperglycemia, hypocalcemia, dehydration
- **Psychiatric disorders:** insomnia
- **Vascular disorders:** hypertension, hypotension
- **Nervous system disorders:** dizziness, peripheral sensory neuropathy, paresthesia
- **Infections:** bronchitis, influenza, urinary tract infection, herpes zoster, sepsis, hepatitis B reactivation
- **Skin and subcutaneous tissue disorders:** pruritus, rash
- **Cardiac disorders:** atrial fibrillation
- **Respiratory, thoracic and mediastinal disorders:** pulmonary edema

Table 6 summarizes the laboratory abnormalities in COLUMBA.

Table 6: Select Hematology Laboratory Abnormalities Worsening from Baseline in Patients Receiving DARZALEX FASPRO or Intravenous Daratumumab in COLUMBA

Laboratory Abnormality	DARZALEX FASPRO ^a		Intravenous Daratumumab ^a	
	All Grades (%)	Grades 3-4 (%)	All Grades (%)	Grades 3-4 (%)
Decreased leukocytes	65	19	57	14
Decreased lymphocytes	59	36	56	36
Decreased neutrophils	55	19	43	11
Decreased platelets	43	16	45	14
Decreased hemoglobin	42	14	39	16

^a Denominator is based on the safety population treated with DARZALEX FASPRO (N=260) and Intravenous Daratumumab (N=258).

Immunogenicity

As with all therapeutic proteins, there is the potential for immunogenicity. The detection of antibody formation is highly dependent on the sensitivity and specificity of the assay. Additionally, the observed incidence of antibody (including neutralizing antibody) positivity in an assay may be influenced by several factors including assay methodology, sample handling, timing of sample collection, concomitant medications, and underlying disease. For these reasons, comparison of the incidence of antibodies in the studies described below with the incidence of antibodies in other studies or to other daratumumab products or other hyaluronidase products may be misleading.

Treatment-emergent anti-daratumumab antibodies were tested in 451 patients treated with DARZALEX FASPRO as monotherapy or as part of a combination therapy. One patient (0.2%) who received DARZALEX FASPRO as monotherapy tested positive for anti-daratumumab antibodies and transient neutralizing antibodies. However, the incidence of antibody development might not have been reliably determined because the assays that were used have limitations in detecting anti-daratumumab antibodies in the presence of high concentrations of daratumumab.

Treatment-emergent anti-rHuPH20 antibodies developed in 8% (19/255) of patients who received DARZALEX FASPRO as monotherapy and in 8% (16/192) of patients who received DARZALEX FASPRO as part of a combination therapy. The anti-rHuPH20 antibodies did not appear to affect daratumumab exposures. None of the patients who tested positive for anti-rHuPH20 antibodies tested positive for neutralizing antibodies.

Postmarketing Experience

The following adverse reactions have been identified with use of intravenous daratumumab. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Immune System: Anaphylactic reaction

Gastrointestinal: Pancreatitis

DRUG INTERACTIONS**Effects of Daratumumab on Laboratory Tests****Interference with Indirect Antiglobulin Tests (Indirect Coombs Test)**

Daratumumab binds to CD38 on RBCs and interferes with compatibility testing, including antibody screening and cross matching. Daratumumab interference mitigation methods include treating reagent RBCs with dithiothreitol (DTT) to disrupt daratumumab binding [see *References*] or genotyping. Since the Kell blood group system is also sensitive to DTT treatment, supply K-negative units after ruling out or identifying alloantibodies using DTT-treated RBCs.

If an emergency transfusion is required, administer non-cross-matched ABO/RhD-compatible RBCs per local blood bank practices.

Interference with Serum Protein Electrophoresis and Immunofixation Tests

Daratumumab may be detected on serum protein electrophoresis (SPE) and immunofixation (IFE) assays used for monitoring disease monoclonal immunoglobulins (M protein). False positive SPE and IFE assay results may occur for patients with IgG kappa myeloma protein impacting initial assessment of complete responses by International Myeloma Working Group (IMWG) criteria. In DARZALEX FASPRO-treated patients with persistent very good partial response, where daratumumab interference is suspected, consider using a FDA-approved daratumumab-specific IFE assay to distinguish daratumumab from any remaining endogenous M protein in the patient's serum, to facilitate determination of a complete response.

USE IN SPECIFIC POPULATIONS**Pregnancy****Risk Summary**

DARZALEX FASPRO can cause fetal harm when administered to a pregnant woman. The assessment of associated risks with daratumumab products is based on the mechanism of action and data from target antigen CD38 knockout animal models (see *Data*). There are no available data on the use of DARZALEX FASPRO in pregnant women to evaluate drug-associated risk of major birth defects, miscarriage or adverse maternal or fetal outcomes. Animal reproduction studies have not been conducted.

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcomes. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2% to 4% and 15% to 20%, respectively.

The combination of DARZALEX FASPRO and lenalidomide is contraindicated in pregnant women, because lenalidomide may cause birth defects and death of the unborn child. Lenalidomide is only available through a REMS program. Refer to the lenalidomide prescribing information on use during pregnancy.

Clinical Considerations**Fetal/Neonatal Adverse Reactions**

Immunoglobulin G1 (IgG1) monoclonal antibodies are transferred across the placenta. Based on its mechanism of action, DARZALEX FASPRO may cause depletion of fetal CD38 positive immune cells and decreased bone density. Defer administering live vaccines to neonates and infants exposed to daratumumab *in utero* until a hematology evaluation is completed.

Data**Animal Data**

DARZALEX FASPRO for subcutaneous injection contains daratumumab and hyaluronidase. Mice that were genetically modified to eliminate all CD38 expression (CD38 knockout mice) had reduced bone density at birth that recovered by 5 months of age. Data from studies using CD38 knockout animal models also suggest the involvement of CD38 in the regulation of humoral immune responses (mice), feto-maternal immune tolerance (mice), and early embryonic development (frogs).

No systemic exposure of hyaluronidase was detected in monkeys given 22,000 U/kg subcutaneously (12 times higher than the human dose) and there were no effects on embryo-fetal development in pregnant mice given 330,000 U/kg hyaluronidase subcutaneously daily during organogenesis, which is 45 times higher than the human dose.

There were no effects on pre- and post-natal development through sexual maturity in offspring of mice treated daily from implantation through lactation with 990,000 U/kg hyaluronidase subcutaneously, which is 134 times higher than the human doses.

Lactation**Risk Summary**

There is no data on the presence of daratumumab and hyaluronidase in human milk, the effects on the breastfed child, or the effects on milk production. Maternal immunoglobulin G is known to be present in human milk. Published data suggest that antibodies in breast milk do not enter the neonatal and infant circulations in substantial amounts. Because of the potential for serious adverse reactions in the breastfed child when DARZALEX FASPRO is administered with lenalidomide and dexamethasone, advise women not to breastfeed during treatment with DARZALEX FASPRO. Refer to lenalidomide prescribing information for additional information.

Data**Animal Data**

No systemic exposure of hyaluronidase was detected in monkeys given 22,000 U/kg subcutaneously (12 times higher than the human dose) and there were no effects on post-natal development through sexual maturity in

offspring of mice treated daily during lactation with 990,000 U/kg hyaluronidase subcutaneously, which is 134 times higher than the human doses.

Females and Males of Reproductive Potential

DARZALEX FASPRO can cause fetal harm when administered to a pregnant woman [see *Use in Specific Populations*].

Pregnancy Testing

With the combination of DARZALEX FASPRO with lenalidomide, refer to the lenalidomide labeling for pregnancy testing requirements prior to initiating treatment in females of reproductive potential.

Contraception

Advise females of reproductive potential to use effective contraception during treatment with DARZALEX FASPRO and for 3 months after the last dose. Additionally, refer to the lenalidomide labeling for additional recommendations for contraception.

Pediatric Use

Safety and effectiveness of DARZALEX FASPRO in pediatric patients have not been established.

Geriatric Use

Of the 291 patients who received DARZALEX FASPRO as monotherapy for relapsed and refractory multiple myeloma, 37% were 65 to <75 years of age, and 19% were 75 years of age or older. No overall differences in effectiveness were observed based on age. Adverse reactions occurring at a higher frequency ($\geq 5\%$ difference) in patients ≥ 65 years of age included upper respiratory tract infection, urinary tract infection, dizziness, cough, dyspnea, diarrhea, nausea, fatigue, and peripheral edema. Serious adverse reactions occurring at a higher frequency ($\geq 2\%$ difference) in patients ≥ 65 years of age included pneumonia.

Clinical studies of DARZALEX FASPRO as part of a combination therapy did not include sufficient numbers of patients aged 65 and older to determine whether they respond differently from younger patients.

REFERENCES

- Chapuy, CI, RT Nicholson, MD Aguad, et al., 2015, Resolving the daratumumab interference with blood compatibility testing, *Transfusion*, 55:1545-1554 (accessible at <http://onlinelibrary.wiley.com/doi/10.1111/trf.13069/epdf>).

PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Patient Information).

Hypersensitivity and Other Administration Reactions

Advise patients to seek immediate medical attention for any of the following signs and symptoms of systemic administration-related reactions: itchy, runny or blocked nose; chills, nausea, throat irritation, cough, headache, shortness of breath or difficulty breathing [see *Warnings and Precautions*].

Neutropenia

Advise patients to contact their healthcare provider if they have a fever [see *Warnings and Precautions*].

Thrombocytopenia

Advise patients to contact their healthcare provider if they have bruising or bleeding [see *Warnings and Precautions*].

Embryo-Fetal Toxicity

Advise pregnant women of the potential hazard to a fetus. Advise females of reproductive potential to inform their healthcare provider of a known or suspected pregnancy [see *Warnings and Precautions, Use in Specific Populations*].

Advise females of reproductive potential to avoid becoming pregnant during treatment with DARZALEX FASPRO and for at least 3 months after the last dose [see *Use in Specific Populations*].

Advise patients that lenalidomide has the potential to cause fetal harm and has specific requirements regarding contraception, pregnancy testing, blood and sperm donation, and transmission in sperm. Lenalidomide is only available through a REMS program [see *Use in Specific Populations*].

Interference with Laboratory Tests

Advise patients to inform their healthcare provider, including personnel at blood transfusion centers, that they are taking DARZALEX FASPRO, in the event of a planned transfusion [see *Warnings and Precautions*].

Advise patients that DARZALEX FASPRO can affect the results of some tests used to determine complete response in some patients and additional tests may be needed to evaluate response [see *Warnings and Precautions*].

Hepatitis B Virus (HBV) Reactivation

Advise patients to inform healthcare providers if they have ever had or might have a hepatitis B infection and that DARZALEX FASPRO could cause hepatitis B virus to become active again [see *Adverse Reactions*].

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A Novel Book Club Regimen



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I have been very fortunate to have encountered several inspiring oncology patients throughout my training and career as an oncology clinical pharmacy specialist. There is one patient in particular who has made a lasting impact on the way I practice today.

During my fourth year of pharmacy school, I had an outpatient oncology rotation in an outpatient infusion center in a community cancer clinic. On my first week there, I met an older patient who was newly diagnosed with an oral cavity tumor. While my preceptor was educating her on the chemotherapy regimen and supportive care measures, I noticed she was overwhelmed with emotion. Afterwards, I engaged her in conversation and tried to provide comfort about her new diagnosis and treatment anxieties.

She shared with me that her husband had recently passed away, and she had been very lonely and depressed. They used to read books together and have long discussions about them. Since she was coming in for treatment each week – and sometimes, several times per week – I convinced her that we should start a book club and discuss the chapters when she came in for her treatments. As I built rapport with her, I was able to make recommendations that were tailored to her care and convinced her to

As I built rapport with my patient, I was able to make recommendations tailored to her care. She trusted me.

seek treatment for her depression. She trusted my supportive care recommendations for her nausea and tried her best to increase her water intake since I reminded her about it each time I saw her.

Week after week, it was evident her morale was improving. Whenever she walked into the infusion area and saw me, she had a huge smile on her face and started waving her book, expressing her excitement to begin our discussion. By the end of my five weeks, we were able to get through two books; one she had suggested and another I suggested. On our last day together, I expressed how grateful I was to meet her and how deeply she had impacted my journey. I will never forget this next moment – she began tearing up and stated that I was the only reason she looked forward to her treatment appointments and that my positive, supportive attitude was what uplifted her spirits and helped her through one of the darkest moments in her life.

It was then that I truly understood the impact pharmacists, especially within the oncology field, have on patients. We see patients during some of their most challenging moments, when the stress, anxiety, fear, uncertainty, and toxicities they endure can be very overwhelming for them. Taking the time to build relationships with patients, understand their wants and needs, and provide support for them during these difficult times allows us to provide the best possible care. To this day, I still have a copy of the books we read together, and they serve as nice reminders to remain the positive, supportive person and pharmacist that my patients need. ●●

Discovering Inspiration and Independence as a Clinical Pharmacist through Patient Interactions



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As trainees, we learn to optimize pharmacotherapy to ensure appropriate outcomes for our patients. What is not always expected is the emotional bond we form with them, and the technical and operational aspects of our jobs that allow us to act as advocates for them. I didn't fully appreciate these concepts until I entered my postgraduate year two (PGY2) in oncology, where I encountered a memorable patient on my leukemia rotation.

My patient was a young man diagnosed with chronic myeloid leukemia who had been placed on dasatinib. His BCR-ABL transcripts fluctuated due to non-compliance. Two weeks before he arrived to our service, he was admitted to an outside hospital and was found to be in lymphoid blast crisis. After a complicated hospital stay, he was discharged on ponatinib and presented to our team for systemic chemotherapy.

When I met with the patient and his mother to review the chemotherapy regimen, I remember the worry in their eyes, but also how kind and friendly they were. After spending 30-40 minutes discussing the treatment, they seemed more at ease and expressed gratitude for the information. It was at this time that I inquired how much ponatinib they had left, and they informed me that they were almost out. I had the physician send a new prescription to his pharmacy, but issues arose when insurance was not able to process

the prescription. I spent hours on the phone with the insurance company, insisting that the request be expedited. After calling daily for 5 days, the medication was approved, and we avoided any missed doses.

This victory seemed short lived as the patient developed complications to chemotherapy, and I was asked to research the use of an antidote to help further mitigate toxicity. Hours of work were spent assessing the proper use, dose, monitoring parameters and procurement of the drug. Fortunately, the patient improved with supportive care alone, and did not need the antidote.

I learned several lessons from this patient experience, the first being that our responsibilities as clinical specialists extend to the operational aspects of care to ensure our patients can get their medications in a timely manner. If I had not spent hours on the phone with insurance, he would have experienced a treatment delay. Furthermore, it is a reminder of how valuable we are to the healthcare team when chemotherapy complications occur. I had never before been put in a situation where I needed to formulate a plan of action to prevent further toxicity, and it served as a fundamental lesson that these instances occur frequently in our profession and our expertise is needed to ensure medication safety.

This patient will always stay with me, as it's a reminder of the value pharmacists bring to the healthcare team. It is our role to ensure patients receive the best pharmaceutical care possible. It is interactions like these that drive us as practitioners to optimize patient care and serve as patient advocates. ●●

A Humane Hello



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It was another busy afternoon in the gastrointestinal oncology clinic, where pharmacists provide drug information, toxicity checks, and patient education for oral and intravenous chemotherapy. I was three months into my postgraduate year one (PGY1) training and on my ambulatory medical oncology rotation when a physician asked me to provide education for a pancreatic cancer patient.

The initial plan was for neo-adjuvant chemotherapy and surgery, but the tumor did not shrink as desired. Both the surgeon and medical oncologist presented treatment options to the patient and they decided to try to get to surgery with a different regimen. Leaning on a pragmatic optimism, I took my education material and talking points and walked into the examination room to meet the patient and his wife.

I knocked, entered, and introduced myself, smiling and ready to lead the conversation with confidence. After a “Good afternoon,” I asked a quick and nonchalant but happy, “How are you?” His wife smiled in a subdued optimism, nervously anticipating the conversation. The patient looked down in forlorn disappointment before slowly lifting his head to muster a weak smile with a heavy-chested sigh. Both of their faces, for a second, expressed a slightly offended, “How do you *think* we are?”

Everyone has little pet peeves, and one of mine is using “How are you?” as a synonym to “Hello.” It’s my opinion that “How are you?” is not a salutation; if you are walking down a hallway without

intent to stop and hear the response – it’s not meant to be a greeting. Now, enter my inner dialogue: “Really? ‘How are you?’ The phrase that irks *you* on a normal day? And to a *cancer* patient no less? Who just received news that treatment didn’t work, and who has had all of an hour to process this new information?”

After completing my inner conversation, I paused and re-grouped. I apologized for the promptness of my salutation. We chatted for a few minutes about their frustration and sadness

around the lack of tumor response, alluding to a fear that the next round wouldn’t work and dancing around the idea of losing hope. He stopped to breathe, in tedious disbelief and ponderous cliché as he asked if this was normal: “Why me?”

“Some things we expect, but other things, we just don’t understand well enough yet.”

“Okay. Well, how will this be different...?” We talked about the new chemotherapy plan, side effects, and potential interactions with the long list of herbal supplements he had brought with him. Their questions were addressed; and perhaps, after a little ambiguity was made clear, a little hope was re-instilled.

That day reminds me that the provision of healthcare, especially in oncology, is always a two-way street. We can get so wrapped up in providing information in our busy days that sometimes, we forget that someone has to receive it. This patient

reminded me of the humanity in our work, that no matter how busy we are, our duty is to provide accurate information *thoughtfully*. This mindful engagement of our patients is part of the quality that an ambulatory oncology pharmacist provides. That day, my practice was re-framed with a simple but meaningful rule: make sure your patients *are*, and *feel*, heard. ●●

The provision of healthcare, especially in oncology, is always a two-way street. We can get so wrapped up in providing information in our busy days that sometimes, we forget that someone has to receive it.

Conventional Versus Liposomal Irinotecan for Advanced Pancreatic Cancer



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Pancreatic cancer remains one of the leading causes of cancer-related death in the U.S., despite being only the eleventh-most common new cancer diagnosis. The vast majority of pancreatic cancers are diagnosed at an advanced stage—either locally advanced and not surgically resectable or metastatic—so treatment relies primarily on systemic chemotherapy.

Over the last decade, research has led to increased survival using chemotherapy combinations such as FOLFIRINOX (leucovorin, 5-fluorouracil, irinotecan, and oxaliplatin) or gemcitabine and nab-paclitaxel as first-line treatment options. More recently, nanoliposomal irinotecan (nal-iri), a novel formulation, gained FDA approval in 2015 for the treatment of advanced pancreatic cancer in combination with leucovorin and 5-fluorouracil (5FU) after progression on gemcitabine-based therapy based on the results of the multinational phase III NAPOLI-1 trial.¹

Prior to nal-iri/5FU, there was no systemic therapy specifically approved beyond first-line treatment for advanced pancreatic cancer. Treatment recommendations were extrapolated from the activity of first-line regimens and included a fluoropyrimidine combined with either oxaliplatin or conventional irinotecan (i.e. FOLFOX or FOLFIRI, respectively) after first-line gemcitabine-based treatment. Studies of FOLFIRI in this setting have often been retrospective in nature, though a phase II study comparing FOLFIRI and FOLFOX for second-line treatment found similar overall survival of about 4 months.² To date, no randomized clinical trials have compared nal-iri/5FU to FOLFIRI, so it is unknown whether one regimen is clinically superior to the other.

Preclinical data demonstrate a 5-fold higher intratumoral concentration of the active irinotecan metabolite SN-38 after nal-iri administration compared to conventional irinotecan.³ This raises the intriguing possibility that nal-iri may be preferentially taken up by tumor cells, thereby increasing tumor cell killing while sparing normal cells from the toxic effects of SN-38. However, the available data suggest FOLFIRI may achieve survival outcomes similar to the more expensive nal-iri/5FU regimen. The increased cost of nal-iri/5FU could be justified if shown to have superior efficacy or significantly less toxicity than conventional irinotecan. Therefore, we sought to address this gap in clinical knowledge.

We retrospectively reviewed medical records of adult patients with locally advanced or metastatic pancreatic cancer who received either nal-iri/5FU or FOLFIRI after a gemcitabine-based therapy from October 2015 to August 2018.⁴ The primary outcome of our study was progression-free survival (PFS), with secondary endpoints that included time to treatment failure (TTF), overall survival (OS), frequency of dose reductions or treatment delays,

and frequency of adverse effects. We also incorporated a cost analysis using estimates based on data available from the Centers for Medicare and Medicaid Services (CMS).

To account for potential differences between groups, we utilized inverse probability of treatment weighting (IPTW) based on baseline characteristics, and applied IPTW adjustment to all outcomes. We did not conduct any statistical hypothesis tests since the study hypothesis was non-inferiority of FOLFIRI and the limited sample size did not provide adequate power for formal tests of non-inferiority.

A total of 82 patients were screened for inclusion, and patients were excluded for not having received prior gemcitabine ($n = 5$) or not having received a study treatment ($n = 2$). Of the remaining 75 patients, 35 received nal-iri/5FU and 40 received FOLFIRI. After IPTW adjustment, treatment groups were balanced with regard to all baseline characteristics. Nearly all patients (88%) had metastatic disease, with 71% of those patients having hepatic involvement. More than half of patients in each group received at least 2 prior systemic therapies. Approximately one-third ($n=23$) of patients had prior exposure to irinotecan, mostly in the neoadjuvant setting (7 of 10 nal-iri/5FU patients and 11 of 13 FOLFIRI patients).

The primary outcome of PFS was similar between treatment groups, with a median of 4.1 months for nal-iri/5FU and 3.1 months for FOLFIRI. OS was also similar (7.1 vs 6.7 months), while TTF was nearly 2 months longer for nal-iri/5FU (4.1 months) compared to FOLFIRI (2.2 months). Treatment delays were common in the nal-iri/5FU group (66% vs 36%), whereas dose reductions occurred more frequently in the FOLFIRI group (48% vs 39%). Granulocyte colony-stimulating factor (G-CSF) use was similar between both groups (16% vs 15%), but atropine for the management of acute diarrhea (we do not regularly utilize atropine for primary prophylaxis) was used in nearly twice as many patients in the FOLFIRI group (70% vs 36%). There were no distinct differences in the frequency of grade 3 or 4 adverse effects. The cost analysis based on CMS data estimated a total treatment cost of \$52,834 for nal-iri/5FU and \$1,809 for FOLFIRI.

These results in a real-world patient population demonstrate a similar PFS and OS for advanced pancreatic cancer patients treated with either nal-iri/5FU or FOLFIRI. In the absence of formal statistical testing, visual inspection of the time-to-event curves did not demonstrate a clear survival advantage for nal-iri/5FU. Although this was a small, single-center study, our survival outcomes were similar to those published in previous trials.^{1,5-7} In addition, patients experienced adverse effects with a similar frequency in both groups, which does not seem to support the hypothesis that the liposomal formulation of nal-iri spares healthy cells from exposure to irinotecan or its metabolites in a clinically meaningful way. FOLFIRI patients were more likely to need atropine, but this did not translate into a clear difference in the reported rates or severity of diarrhea.

The difference in overall toxicity management, with FOLFIRI patients more likely to have a dose reduction while nal-iri/5FU patients were more often delayed, was an interesting contrast that we hypothesize could be a result of oncology team familiarity with each regimen. Since FOLFIRI has been utilized for decades in many different GI malignancies, oncologists and pharmacists might be more comfortable determining an appropriate dose reduction might be for a given patient, whereas they may opt for a treatment delay for the newer and less-familiar nal-iri/5FU regimen.

The decision to select one treatment over another involves several factors, including efficacy and safety, and may also include considerations for cost or convenience. After FDA approval of nal-iri, no institutional protocols or guidelines encouraged providers to select one treatment over the other in any specific scenario. Therefore, the decision to treat with nal-iri/5FU or FOLFIRI at our

institution was based on provider- and patient-specific factors and determined on a case-by-case basis.

This study did not demonstrate an obvious difference in either survival outcomes or adverse effect frequencies. Our cost analysis, with an acknowledgement of its inherent limitations for applicability to a health system with complex payment and reimbursement models, undoubtedly shows treatment with nal-iri/5FU is significantly more expensive than treatment with FOLFIRI.

Together, these factors support consideration of FOLFIRI in place of nal-iri/5FU for the treatment of advanced pancreatic cancer. Of course, a well-powered randomized controlled trial would be able to more definitively answer the question of non-inferiority. The oncology clinician may at least take comfort that these data do not suggest we do our patients a disservice by electing for treatment with FOLFIRI for advanced pancreatic cancer, particularly when the costs of treatment are of concern. ●●

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Venetoclax use in AML: VIALE-A & VIALE-C Trial Updates



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Among adult types of acute leukemia, acute myeloid leukemia (AML) is the most common and has the highest mortality rate with a 28.7% five-year relative survival^{1,2}. AML is predominantly a malignancy that affects older adults who are at greater risk for complications and co-morbidities.²

Initial treatment management must take into consideration a patient's performance status, comorbid conditions, cytogenetic and molecular mutations, and age. Intensive induction therapies with cytarabine and an anthracycline are typically offered to young, healthy patients.³ However, due to co-morbidities, older adults, many may not be candidates for intensive therapy.⁴ Therapeutic options for these individuals have historically included agents such as hypomethylating agents (HMAs), low dose cytarabine (LDAC), gemtuzumab, or best supportive care.⁴⁻⁷

Venetoclax (ABT-199) is a BH3 mimetic that has high selectivity for the B-cell lymphoma-2 (BCL-2) protein. BCL-2, an antiapoptotic protein, has appeared to be an effective target in AML in preclinical studies.⁸⁻⁹ Venetoclax was approved in November 2018 for the treatment of newly-diagnosed AML in adults who are age 75 years or older, or who have comorbidities that preclude use of intensive induction chemotherapy based on phase Ib and phase II studies assessing the combination of venetoclax with both HMAs and LDAC^{10,11}. The recently published, confirmatory VIALE-A and VIALE-C phase III trials further establish the efficacy and safety of the azacitidine-venetoclax regimen and the LDAC-venetoclax regimen, respectively.

Azacitidine in Combination with Venetoclax: VIALE-A Trial¹²

VIALE-A study was a confirmatory phase III, multicenter, randomized, double-blind, placebo-controlled trial that evaluated efficacy and safety of venetoclax in combination with azacitidine. All newly diagnosed AML patients who were older than 18 years of age and ineligible to receive intensive chemotherapy regimen were included. Patients were excluded if they had received prior hypomethylating agents, venetoclax, or chemotherapy for myelodysplastic syndrome (MDS), or had favorable cytogenetic risk. Patients were randomized 2:1 to receive azacitidine-venetoclax or azacitidine-placebo (control group) until disease progression or unacceptable toxicity.

The primary endpoint was overall survival (OS), and important secondary endpoints evaluated were event free survival (EFS), composite complete remission (complete remission and complete remission with incomplete hematologic recovery), complete

remission, and time to first response. Treatment-related adverse events were assessed in all patients who received at least one dose of therapy.

From February 2017 through May 2019, 431 patients were included, out of which 286 patients were randomized to azacitidine plus venetoclax arm and 145 to azacitidine plus placebo arm. All patients received azacitidine 75 mg/m² subcutaneously or intravenously on days 1 through 7, along with venetoclax target dose of 400 mg or matching placebo oral daily in 28-day cycles. Notably, the recommended venetoclax dose adjustment in combination with a strong CYP3A inhibitor differs between the VIALE-A protocol and the package insert.¹³ In the AML population, the FDA-approved recommendation is to titrate venetoclax to a maximum of 100mg daily when co-administered with a CYP3A inhibitor; however, the VIALE-A trial took a more conservative approach and utilizes a maximum dose of 50 mg daily. Seventy-five percent of patients had *de novo* AML and 25% had secondary AML that included history of MDS, chronic myelomonocytic leukemia (CMML), or therapy-related AML. The median duration of follow up was 20.7 months.

The median overall survival was significantly improved with azacitidine-venetoclax (14.7 months vs 9.6 months; hazard ratio for death [HR], 0.66; P<0.001). Composite complete remission achieved was significantly better in the treatment arm (66.4% vs 28.3%; P<0.001); and the complete remission was higher in the treatment arm (36.7% vs 17.9%; P<0.001). Median event-free survival was also significantly improved in the treatment arm (9.8 months vs 7 months; HR 0.63; P<0.001). Time to first response was more rapid in the combination group (1.3 months vs 2.8 months).

For safety analysis, 427 patients were included, out of which 283 patients were in the azacitidine-venetoclax arm and 144 were in the control group. The median number of treatment cycles received in each arm were 7.0 and 4.5 respectively. At least one serious adverse event was reported in 83% of patients in the treatment arm and 73% of patients in the control arm. The most common grade 3 or higher hematologic toxicities in the combination arm versus azacitidine-placebo arm were neutropenia (42% vs 28%), thrombocytopenia (45% vs 38%), febrile neutropenia (42% vs 19%), and anemia (26% vs 20%). Tumor lysis syndrome was seen in 1% of patients during the ramp-up period of venetoclax in combination arm.

Low-Dose Cytarabine in Combination with Venetoclax: VIALE-C Trial^{14, 15}

VIALE-C is a similar confirmatory phase III, multicenter, double-blind, placebo-controlled clinical trial that evaluated the efficacy and safety of venetoclax in combination with LDAC. Adults 18 years or older with newly diagnosed AML and ineligible for intensive chemotherapy were randomized 2:1 to receive LDAC-venetoclax or LDAC-placebo (control group). Patients were considered ineligible for intensive chemotherapy if either they were ≥75 years of age or 18 to 74 years old with at least one criterion that was associated with lack of fitness for intensive chemotherapy regimen. Patients

who had previous exposure to hypomethylating agents were included in the study. Excluded patients include those who received prior treatment with cytarabine for MDS, received strong or moderate CYP3A4 inducers seven days prior to the first dose of venetoclax, had known central nervous system involvement, or had WBC $>25 \times 10^9/L$.

The VIALE-C study took a similarly conservative approach to venetoclax dose adjustments as the VIALE-A study and also had differing recommendations when compared to the package insert.^{12,13} Primary endpoint was overall survival, and key secondary endpoints included composite complete response and event-free survival.

Overall, 211 patients were enrolled between May 2017 and November 2018; 143 were randomized to LDAC-venetoclax arm and 68 patients were randomized to LDAC-placebo (control) arm. Patients received low-dose cytarabine 20 mg/m² subcutaneously on days 1 through 10, along with venetoclax target dose of 600 mg (start at 100 mg on day 1 and escalated over 4 days) or matching placebo oral daily in 28-day cycles. Approximately 60% of patients were ≥ 75 years of age, 38% of patients had secondary AML, and 20% received prior hypomethylating agents.

At planned primary analysis, median overall survival was not significantly higher in the combination arm (7.2 months vs 4.1 months). LDAC-venetoclax arm showed reduction in the risk of death by 25% (HR 0.75; P=0.11) but was not statistically significant. At the six-month update after additional follow up,

LDAC-venetoclax reduced the risk of death by 30% and median overall survival was 8.4 months vs 4.1 months in favor of the combination arm (P=0.04). Composite complete response were 48% and 13% in combination arm and control arm, respectively. Median event-free survival significantly improved in the treatment arm (4.7 months vs 2.0 month, P=0.002). A more rapid response was also seen with the combination arm, with a composite complete remission of 34% vs 3% seen after the first cycle in the combination arm and placebo arm, respectively.

For safety analysis, a total of 210 patients (142 in combination arm and 68 in placebo arm) were evaluated. Serious adverse events reported were similar in both arms (65% vs 62%). Most common grade 3 or higher adverse events seen in both arms were neutropenia (47% vs 16%), thrombocytopenia (45% vs 37%), and febrile neutropenia (32% vs 29%). Adverse events leading to death (23% vs 21%) or treatment discontinuation (25% vs 24%) were similar in both arms.

Conclusion

The VIALE-A and VIALE-C trials confirmed previous phase I and II efficacy and safety results and showed the addition of venetoclax to azacitidine or LDAC improved overall survival and resulted in higher composite complete remission and faster response with a tolerable safety profile. This redefined the first-line treatment approach for older patients with newly-diagnosed AML who are unfit to receive intensive induction chemotherapy. ●●

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≡ Board Update ≡

Anticipating the Green Lights Ahead



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HOPA President (2020-2021)

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I ended the last HOPA News Board Update with the message, “*much promise lies ahead.*” I know I speak for many who look forward to Summer 2021. As you read this, we are in Phase 1 of the COVID-19 vaccination program, which will continue to require significant coordination across federal, state, and local authorities.

I am proud of the efforts in our profession to combat COVID-19 and encourage you to read this issue’s cover story, “Oncology Pharmacy and COVID-19: Perspectives from an Early Epicenter” written by Peter Campbell, PharmD, BCOP. It is just a sampling of the ways you all have contributed during this pandemic, and will continue to contribute to immunization, monitoring, and education.

On behalf of everyone on the Board, thank you. You demonstrate compassion and collaboration in the care you provide to the cancer patients you serve. Despite its challenges, 2020 was a successful year, thanks to our resilient volunteers.

2020 Had Many Positives

Advancements in cancer immunotherapy continue to transform our daily practice and the patients we serve. The HOPA Time to Talk Immuno-Oncology™ (TTTIO) toolkit provides patient-focused education on immune checkpoint inhibitors and cellular therapy. I want to recognize the efforts of the TTIO Task Force, especially Chair Heidi Finnes and Vice-Chair Amber Cipriani. Please utilize this toolkit in your practices; it can be found within the patient education section of our website.

To meet the significant need for online educational programming in 2020, HOPA staff, leadership and volunteers took to the task of converting professional development offerings into virtual content. In December, we held a virtual ASCO Quality Training Program workshop, which was free for members and designed to provide pharmacy professionals with the skills to design and implement quality improvement initiatives. We saw significant interest and received more than 150 applications. We are evaluating another QTP workshop in early 2021, so stay tuned.

Near the end of 2020, we transitioned to a new management company, Executive Director Incorporated (EDI) in Milwaukee, Wisconsin. The Board has been actively working with our new Executive Director, Anne Krolikowski, CAE, to recruit key personnel for team HOPA. We have 18 new team members (of 22 total) providing support and working with HOPA committees. The team is energized and eager to advance our strategic initiatives.

Greenlights in 2021

I recently read *Greenlights* by actor Matthew McConaughey, but don’t ridicule; it’s currently the #2 hardcover nonfiction on *New York Times* Best Seller list. It is a complex memoir, with great storytelling you would expect from the actor we have all watched mature. “*It’s also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too,*” as McConaughey himself describes it.

That statement made me think of our HOPA strategic plan for 2020-2023 and its progression tracker, poignantly covered in red, yellow and green. I know I speak for many in our organization in saying 2020 brought many perceived red lights. But despite our challenges this year, many of our strategic initiatives earned a green designation, which is a testament to our organizational volunteers. I’m confident many more reds and yellows will move to green in the next year.

One 2021 greenlight is the 17th Annual Conference, which will be held virtually. The Board has selected an excellent virtual platform to give attendees an outstanding learning and networking experience. I encourage you to follow marketing announcements for unique engagement opportunities that will be offered prior to and during the conference.

New to this year’s Annual Conference will be the Patient Advocacy Town Hall. It is being planned by the Patient Outreach Committee and it is just one of many efforts within our advocacy strategic pillar this year. I’m excited about the momentum we have going into 2021 and hope you are too.



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