

Cancer Clinical Trials: A Powerful Tool Against Prostate Cancer

Making a Difference by Creating Awareness

Clinical trials are making a difference in detecting and treating prostate cancer. More patients and their families need to know.



The Difference Disparities Make

Several factors still exist that have been shown to affect how soon a patient is diagnosed, the treatment received, and the success of the treatment:

- Race or ethnicity
- Geography
- Socioeconomic status
- Access to quality care
- Participation in clinical trials

The Importance of Early Detection

While major strides have been made in managing prostate cancer, it remains the most common cancer – and the second largest cause of death – in men in the United States. Early-stage prostate cancer is often very treatable.

- Most men should start screening around age 50 with a simple PSA blood test and a physical exam.
- Black men are often diagnosed at a younger age, with more aggressive disease, and more than twice as likely to die from prostate cancer than their White counterparts.
- If you're at higher risk – for example, if you're Black or have a family history of prostate cancer – talk to your healthcare team at around age 40 about when to start screening.

Clinical Trials – It's Time to Get the Word Out

There are steps we all can take to make care more fair and improve health for everyone.

- **Patients and Caregivers** – Ask questions, know your options and speak up about screening and treatment. Get involved in clinical trials and advocate for your care.
- **Healthcare Providers** – Commit to equitable care, ensure patients know their choices, and connect them to clinical trials and support resources.
- **Community** – Raise awareness on prostate cancer screening and break down barriers to care in underserved areas.

Take Action – Improve Outcomes

Clinical trials offer unique access to treatments that may be otherwise unavailable, but many men are not aware they can participate.

- Only about 7% of people with cancer participate in clinical trials, and only about 5% of those are African American.
- Improvements in how and where they take place have made them safer and more accessible than ever.



To learn more, go to
hoparx.org/clinical-trials