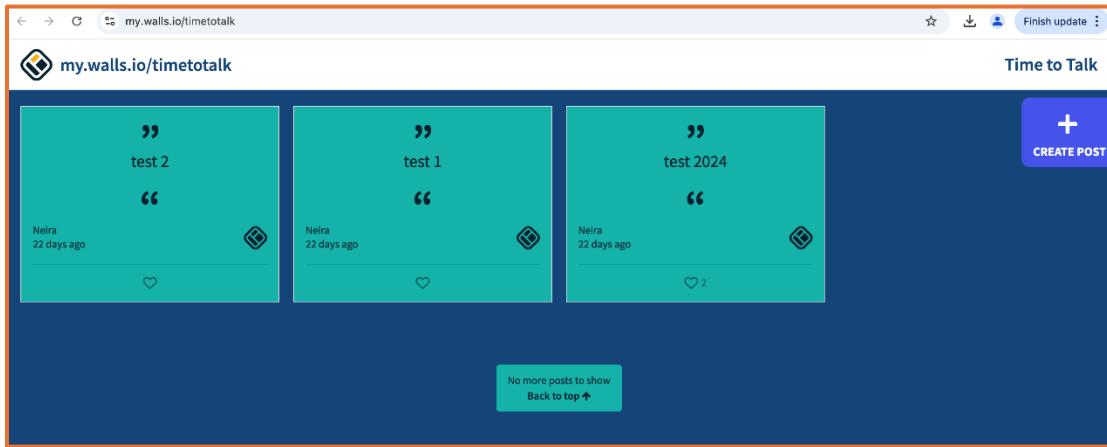
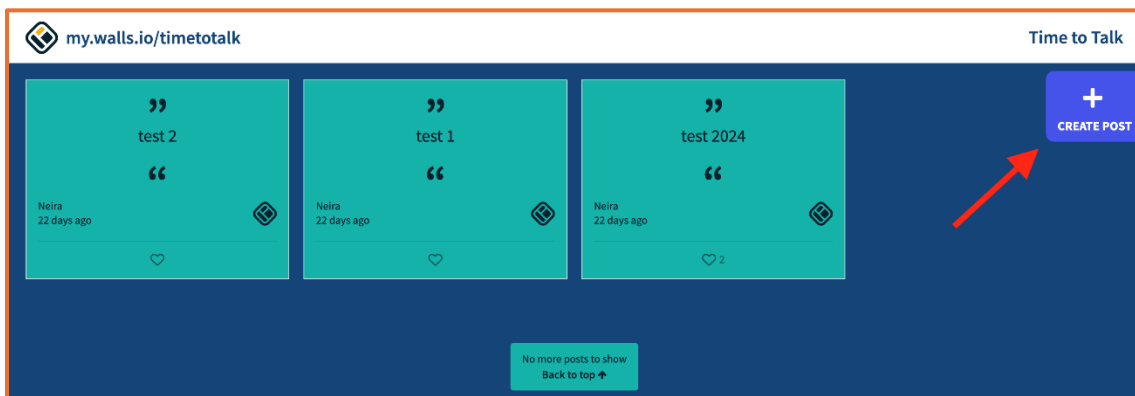


## Storywall Submission Step by Step Guide

1. Go to <https://my.walls.io/timetotalk>.



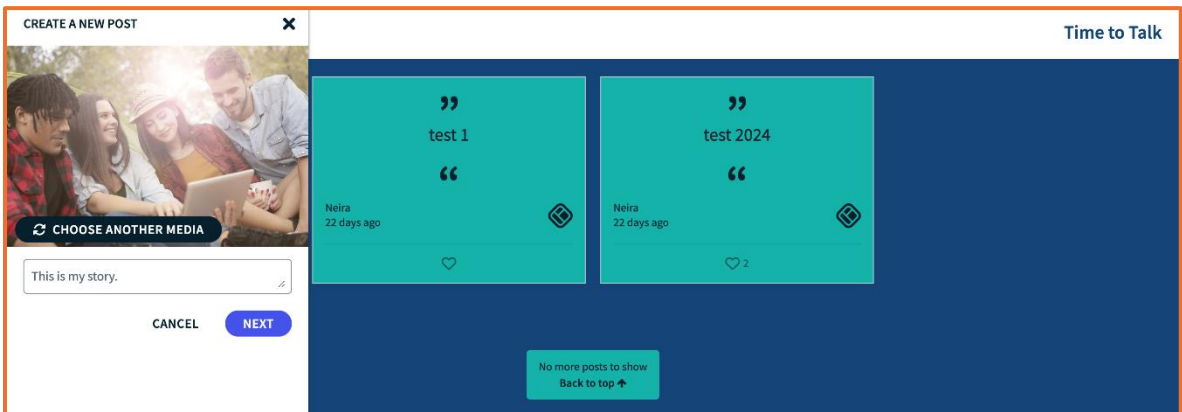
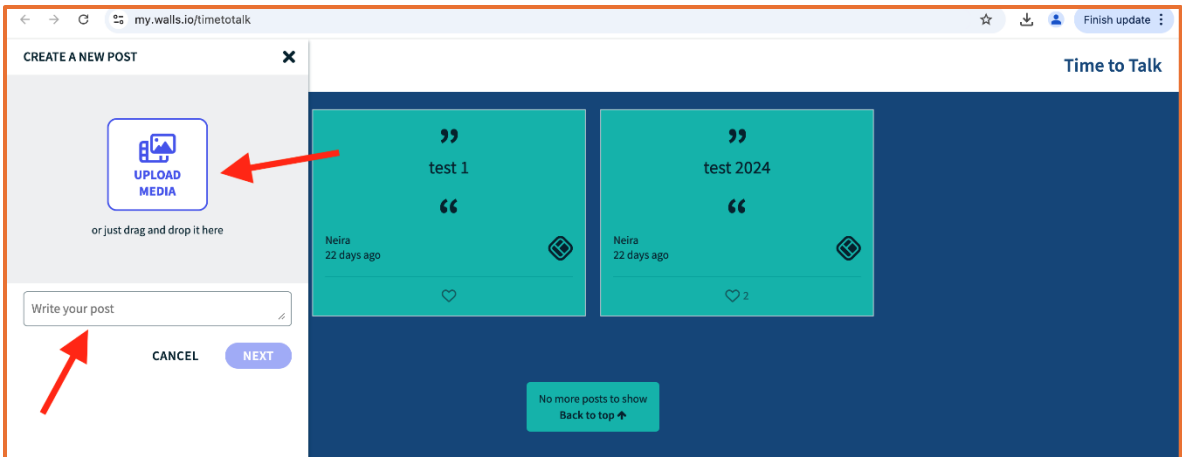
2. In the top right corner of the screen, click on the blue button labeled **“+ Create Post.”**



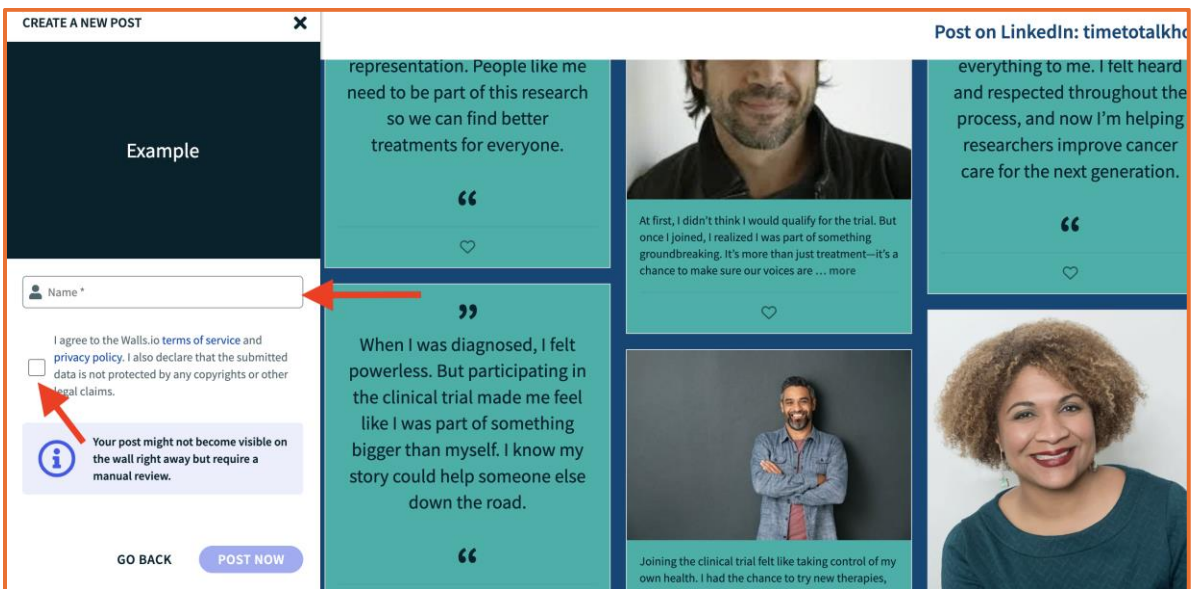
3. A gray box labeled **“Create New Post”** will appear in the top left section of the screen. You have two sections you can fill out when creating a post. Please note: You can submit text only, media only, or a combination of both in your post.

- To submit a text post, click in the “Write your post” section to type out your story.
- To submit an image or video, click “Upload Media” to select the file from your device. Or drag the file to the “Upload Media” area.

You can either submit just a text post, just an image or video, or put both into one post together!



4. Click the **“Next”** button. Enter your first name and check the box to agree to the terms and conditions.



5. In the bottom left corner, click the **“Post Now”** button. Once your post is reviewed by the HOPA team, it will appear on the wall!

6. Congratulations! You've successfully submitted your story.

Note: There's no limit to how many submissions you can make, so feel free to share with others!

The screenshot shows a social media interface for 'my.walls.io/timetotalk' with the title 'Time to Talk'. On the left, there is a story featuring a photo of four young people looking at a laptop. The story text reads: 'This is my story.' followed by 'Grecia C. 14 seconds ago'. To the right of the story are three posts, each with a teal background and white text. The first post says 'test 2', the second 'test 1', and the third 'test 2024'. Each post is attributed to 'Neira 22 days ago' and includes a heart icon for likes. A blue 'CREATE POST' button with a white plus sign is located in the top right corner of the post area.